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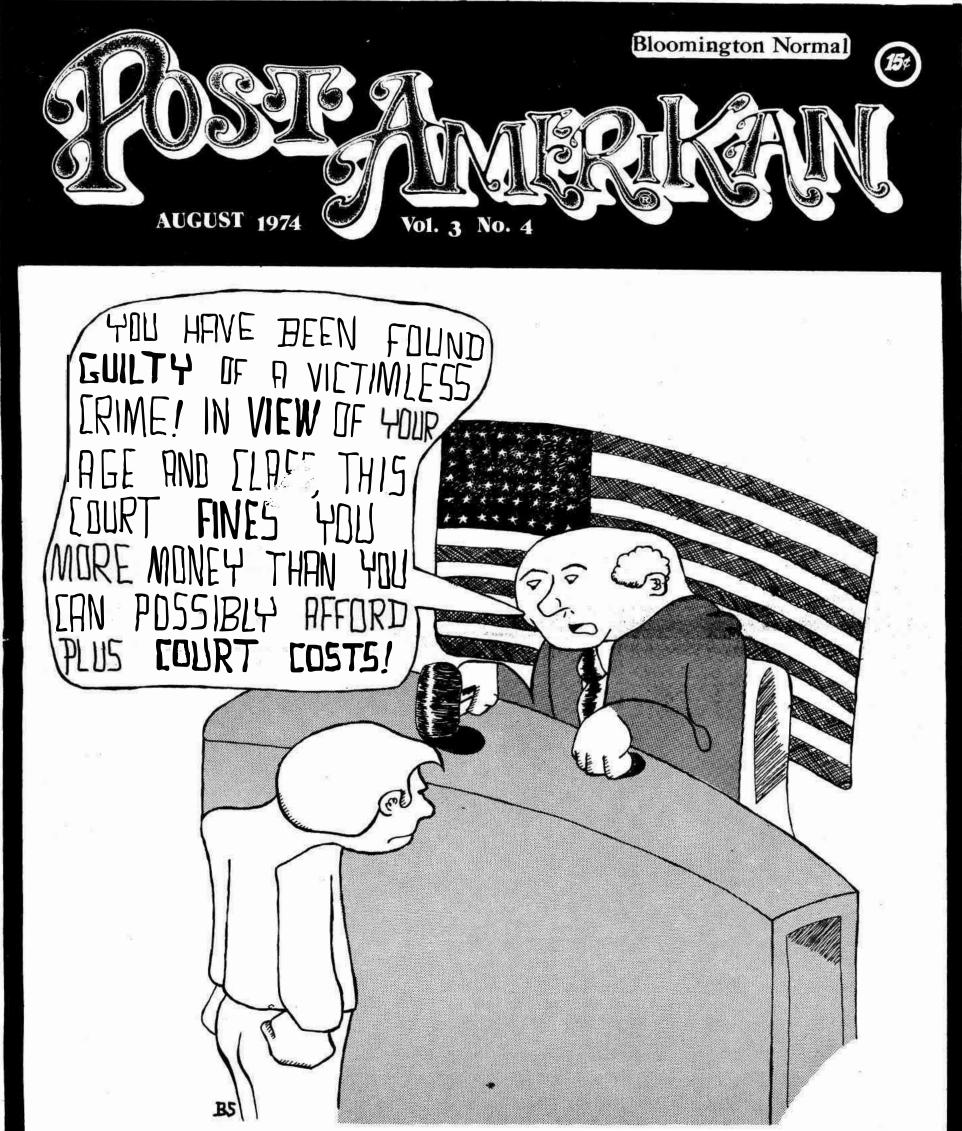
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## CUBA VISITOR WRITES ABOUT TRIP!



#### WHEN IN DOUBT, RUB HIM OUT

(CPF) In a bizarre story, *Parade* magazine reports that G. Gordon Liddy once thought he had been ordered to assassinate columnist Jack Anderson.

According to *Parade*, Liddy had been discussing Anderson with Nixon aide Jeb Stuart Magruder during the 1972 campaign when Magruder reportedly said, "We've got to get rid of this guy."

Liddy, according to the magazine, left the meeting and met campaign assistant Robert Reisner in the hall. Liddy is quoted as telling Reisner: "I've just been ordered to kill Jack Anderson."

Reisner was reportedly alarmed, and he dashed into Magruder's office to find out what was happening. Parade said that Magruder, on the verge of panic, immediately called Liddy back into his office and explained that "by getting rid of" Anderson, he merely wanted the columnist discredited, if possible.

Parade says that Liddy responded: "Where I come from, that means a rubout."

(From Zodiac News Service.)

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#### mail

Mail, which we more than welcome. should be mailed to: The Post-Amerikan, 108 E. Beaufort, Normal, Illinois 61761.

#### staff

Anybody can be a member of the Post staff except maybe Sheriff King. All you have to do is come to the meetings and do one of the many different and exciting tasks necessary for the smooth operating of a paper like this. None of us get paid; we're only in it for the ego gratification.

Decisions are made collectively by staff members at one of our regular meetings. All workers have an equal voice. The Post-Amerikan has no editor or hier-archical structure.

#### articles

Anybody who reads this paper can tell the type of stuff we print. All worthwhile material is welcome. The only real exception is raci nd sexist material which Shemently <u>not</u> print. We Wi.

Most of our material or inspiration for material comes from the community. We encourage you the reader to become more than a reader. We welcome all stories or tips for stories. Bring stuff to a meeting (the schedule is printed below) or mail it to our office.

#### meetings

Wednesday, August 7, 6:30

Tuesday, August 20, 6:30

Deadline, Friday, August 26, 6:30

Layout, Weekend, August 27-8

June 28, Friday, (deadline for stories), 8 pm.

They will be held at the Post office: 108 E. Beaufort, Normal, Illinois.

#### subscriptions

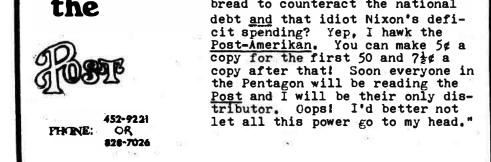
Subscriptions cost \$1.75 for twelve issues, \$3.50 for twenty-four isues, etc. Buy one for yourself and a friend.

# I WANT YOU!



to sell

"These are hard times, Amerikans, and they're no less hard for yours truly, everyone's favorite uncle. Want to know how I make enough



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#### POST SELLERS

BLOOMINGTON

The Joint, 415 N. Main DA's Liquors, Oakland and Main Medusa's Book Store, 109 W. Front Illinois Weeleyan Union

News Nook, 4022 N. Main Book Hive, 103 W. Front Cake Box, 511 S. Denver Gaston's Barber Shop, 2022 N. Center U-I Food Mart, 608 S. Lee Peifers Market, 919 N. Madison De Vary's Market, 1402 W. Market Harris Market, Morris Hickory Pit, 920 W. Washington Eastgate IGA; Mercer and Oakland Playback, Colonial Plaza Don's Bi-Rite, 203 E. Locust Biasits, 217 N. Main Discount Den, 207 N. Main Hot Rod Shop, 622 N. Main

NORMAL

The Cage, ISU Union Lobby Shop, ISU Union Newman Center, 501 S. Main Student Stores, 115 North Mother Murphy's, 1112 North Caboose Records, 101 North Ram, 101 Broadway Mall Al's Pipe Shop, 101 Broadway Mall Omega, 111 Beaufort The Rack, 106 Beaufort Hendren's Grocery, 301 W. Willow The Post-Amerikan office, 108 E. Beaufort



The major danger of this device is when a woman becomes pregnant. If a woman wearing a Dalkon shield misses a menstrual period, she should have a pregnancy test as soon as possible. And if she is pregnant, she should have the IUD removed immediately, whether or not she plans to continue the pregnancy.

Robins says that it told the Food and Drug Administration (FDA) about "rumors" of side effects from the IUD last June, and gave the agency "completely tabulated data" on December 21, 1973. The FDA is

#### HARASSING JANE DOE

(CPF) Eleven days after her abortion, Jane Doe (who doesn't want her name known for personal reasons) received a call from the Nassau County

ceived a call from the Nassau County Medical Center. She was told to come back and "bury your baby." The hospital quoted a little-known state hospital code that "any stillborn infant or fetus over 20 weeks shall be delivered to a licensed funeral director or his agent." Because the hospital had delayed her procedure for three weeks, Jane had been exactly 20 weeks pregnant.

The hospital directed her to a local funeral home. The funeral director filled out a death certificate for the fetus, although there had never been a birth certificate, and even though only a doctor can legally do so. Then he asked her who the father was, told her the sex of the fetus, and charged her \$20.

Bill Baird, the pro-abortion advocate, is suing Nassau County in her behalf for \$100,000 for personal harassment.

Jane, however, is afraid to go to court. She needs moral support from women who believe this lawsuit is important. Write Jane Doe, c/o Parents Aid Society, 107 Main Street, Hempstead, N.Y. 11550.

(From Off Our Backs.)

shield users. The letter prompted reports of two more deaths.

The Dalkon Shield, used mainly by women who have never been pregnant, has a failure rate between 0.5 and 5.1%. The company says that 2.2 million women have been fitted with the shield, so a maximum of 122,200 wearers might become pregnant yearly.

septic abortions when the shield was

in place and at least 32 others have

A.H. Robins sent a letter report-

abortion is a miscarriage caused by

had severe infections. A septic

ing four deaths from septic abor-

tions to about a third of the nation's doctors at the end of May.

noticed warning to the shield's la-

beling last October telling of "pos-

sible severe sepsis with fatal out-

come" associated with pregnancies in

The company had added a little-

an infection in the uterus.

presently studying side effects of the Dalkon Shield and all other types of IUDs. "We are trying to determine if this problem is peculiar to the Dalkon Shield or all IUDs," said an FDA representative.

(Information from Liberation News Service and the <u>Wall Street Jour-</u> <u>nal.</u>)

#### THIS MAN IS AN IDIOT

(CPF) Robert J. Corts, chairman of an Ohio State Senate panel on the state's abortion bill, has said he will push for a ban on medicaid reimbursement for welfare mothers receiving abortions.

Corts denied that his amendment would effectively prohibit abortions for the poor. Instead, he suggested, poor women should save money from their welfare payments and "buy an abortion instead of food."

(Information from Spekeevonar.)



### **PLASTIC-MAKING CAUSES CANCER**



(CPF) More than 700,000 US workers who process polyvinyl chloride (PVC), a basic plastic, into products may be in danger of contracting liver cancer and other diseases. Until now, it was believed that only the 6500 workers in contact with vinyl chloride -- the gas which is the raw material for PVC -- were endangered. But scientists at a conference in May reported that workers who process PVC may also risk developing liver, bone, and lymph disease.

The Environmental Protection Agency (EPA) is surveying emissions of vinyl chloride gas into the air and water around factories. An estimated 200 million pounds of vinyl chloride are discharged yearly into the atmosphere from vinyl chloride polymerizing plants. The EPA is considering setting pollution limits for vinyl chloride. Vinyl chloride was first manufactured in large quantities from petroleum and other chemicals in the 1950s. Last fall, a doctor in Louisville, Ky. discovered that 20 workers in a vinyl chloride plant had angiosarcoma, a rare and fatal liver cancer. The disease takes many years to develop, and it may reach epidemic proportions among plastic workers in the next few years.

Vinyl chloride also has been linked to a growing number of other health problems. Some of the symptoms include enlarged liver or spleen, changes in the chemistry of the blood, skin eruptions, damage to finger bones, and reduced breathing ability.

PVC is used to make many common plastics products, including: floor tiles, synthetic rubber and textiles, plastic bottles, phonograph records, plastic wrap, hair spray, and wire insulation.

NEW STANDARD ISSUED

In response to pressure from unions and medical people, the OCcupational Safety & Health Administration (OSHA), issued a six-month emergency standard of 50 parts per million (ppm) for vinyl chloride in early April. The temporary standard calls for weekly or monthly monitoring of workplace air, careful record keeping and the use of fresh-air masks in vinyl chloride areas. Union representatives say that 50 ppm of vinyl chloride is still too high and are pushing for a zero exposure standard. OSHA will probably propose a permanent standard calling for "no detectable amount" of vinyl chloride in the air.

Representatives of the billion-

dollar plastics industry are calling this proposal "excessively and unrealistically restrictive." They've hired consulting firms to do their own study of the health effects of vinyl chloride and the cost of cleaning up the industry.

In the meantime the Food and Drug Adminstration (FDA) and the Environmental Protection Agency (EPA) have ordered certain aerosol hairsprays, and pesticides containing vinyl chloride off the market. Certain spray paints, adhesives, disinfectants, and medications may also be recalled.

#### YEAH, BUT IT WOULD HAVE KILLED SALES

(CPF) From 1971 to this year, chemical firms withheld from the Occupational Safety and Health Administration the fact that vinyl chloride gas, used in the manufacture of plastics, can harm or kill those working with it. In that time, at least three plastics workers died and hundreds of others have become ill.

April 5, after doctors discovered that plastics workers were dying from a form of liver cancer and contracting a variety of bone and liver diseases, OSHA clamped down on the amount of vinyl chloride fumes allowed in factory air.

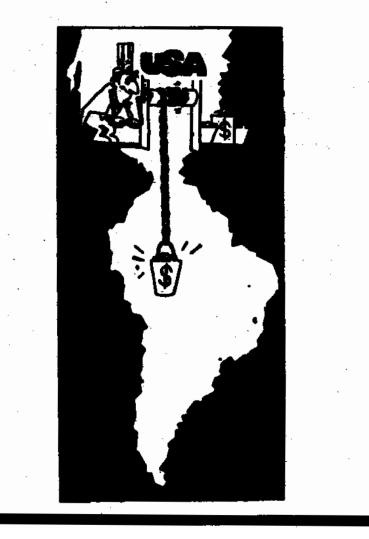
According to Engineering and Chemical News, back in 1971 European and American chemical firms had found out the fumes were dangerous, but agreed to keep this secret.

(From the <u>UE News</u>.)

## MISC.

## STRUGGLES

(Liberation News Service) - An economic battle is being waged by three U.S.-based fruit companies against Central American countries that are trying to tax banana exports. The companies are Standard Fruit, United Brands, and Del Monte. This confrontation directly affects the lives of 100,000 basans workers in the region and is certain to affect U.S. relations with Latin America. The confrontation reached a peak in March when five countries--- Costa Rica, Guatemala, Honduras, Nicaragua, and Panama --- agreed to place a dollar-per-crate tax on the fruit. The experting countries say the tax would bring them a total of \$260 million a year. Panama's Minister of Commerce and Industry Fernando Manfredo acknowledges that the tax would be passed on to consumers in the countries that purchase the fruit but he said it would serve as a "contribution to alleviate the poverty that abounds on the banana plantations,"



Athens, Greece (PTS) -- Mothers of detained Greek students have launched a desperate appeal on the behalf of political prisoners undergoing "dreadful tortures that we have verified ourselves while visiting our children." The appeal states that these cruelties are being committed in the local police stations and in the military prison at Boxiaty. Some 23 students are listed by mame along with their present tortures and the extent of their injuries; e.g., broken ribs, electroshock.

#### Notes on Cyprus

With a strong military-backed thrust the democratic government of President Makarios of Cyprus was overthrown by Greek fascists.

Barely escaping with his life Archbishop Makarios declared that the military coup is "an invasion and from its consequences suffer the whole people of Cyprus, both Greeks and Turks." New York, New York, It's a wonderful town; Sometimes you're up, And sometimes you're down. But in the Big Apple We never despair, 'Cause our friend and defender The STAR is still there. In touch with the City? If not, it's a pity! Stay in tune from afar...

At this printing, Turkey has already mobilized its forces and has landed paratroopers about Nicosia, the capital of Cyprus. Many fear escalation of the fighting between Greeks and Turks in Cyprus.

The U.S.-backed Greek military junta had been operating in Cyprus for some time under the guise of a security force.

Interestingly enough, Makarios visited Chairman Mao Tse Tung of the People's Republic of China on May 17 where Makarios voiced concern for the situation that was developing in Cyprus. In his Peking address Makarios stated, "We are a small country which is being threatened with intervention. We are continuously threatened and pressures are being brought upon us to accept a solution contrary to the will of our people and contrary to its interests.



## CETTING OVER

(As a Man in American society) DO YOU EVER FEEL ---

- --- difficulty in taking things that Women say seriously?
- --- embarrassment at having to strip or shower with other Men?
- --- contempt or embarrassment at seeing another Man express strong emotional feeling?
- --- uncomfortable at being the only Man in a group of Women?



"Getting Over" is a regular column about men's liberation from the gender roles dictated by American society. The Bloomington-Normal Men's Group which writes it would like to hear from you, and welcomes all comments, inquiries, observations, and criticisms which you wish to send to us in care of this paper.

Why "Men's Liberation"? Because men aren't free. It's true they've got it over Women in job opportunities, in financial and legal matters, and in major decision-making. But Men are no freer than Women in deviating from the gender-roles that society defines for them. If they don't conform, they pay a heavy price.

Society's definition of "a Man" allows only certain types of behaviors and self-expression. It dictates what a man must be and do if he is to be regarded as "a Man." It limits his options for self-expression. It regulates how he can relate to women, other men, and children. It forces him into competition with other men (and Women). It compels him to pursue material success, and sometimes drives him into an early grave.

American society lets men know what it expects of "true, red-blooded" males--how "real" men should think, act, express themselves (and their emotions). Strong. Cool. Guts and balls. Masterful. Stiff upper lip. Etc. It even tells men what to think and talk about, what interests they should have. Getting ahead. Making it. Sex. Girls. Sports. Dirty jokes (always a good way to break ice with other Men). Politics. Money. Yardwork (not Housekeeping).

If men don't conform to these expectationa, they aren't considered real Men. They aren't accepted. They become outsiders, They don't "get ahead." They face contempt and ridicule. Worse: if these men accept society's judgment, they may come to see <u>themselves</u> as inadequate, "queer", weak, or "unmanly." Sometimes men who find themselves in this situation go through elaborate pretenses to appear "normal." They laugh at the dirty jokes, fake an interest in baseball, drool dutifully at passing "chicks" or "broads."

Faking it is dishonest--a repression and denial of the Self. But not faking it can be uncomfortable (you might not "get ahead"). If a man buys society's definition of what makes a "Man" and feels he doesn't conform to those expectations, he can come to hold <u>himself</u> in contempt or try to <u>become</u> society's "Man" by DO YOU EVER FEEL ----

--- inadequate when you have difficulty making a decision?

- --- irritated by a Woman who insists on making her own decisions?
- --- awkward in relating to Children?
- --- threatened by (or jealous of) competent/successful Men? Handsome men? Men who are good talkers? Well-built muscular men? Forceful men? Men who relate easily to lots of Women?
- --- the need to suppress a response of physical attraction you feel toward another Man?



Have you ever had to pretend to an interest which you didn't have in order to satisfy other people's expectations?

(Baseball? Girl-watching? Pishing? Dirty jokes? Politics?)

- Have you ever found yourself having to "make out" with a Woman sexually when you really didn't want to? Why did you?
- How do you feel about yourself when you feel the urge to cry? Do you ever cry? Why or why not?

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conscious or unconscious denial of hie natural Self.

This happens a lot. We see it in ourselves. That's why we say men aren't free. To become free, men must understand the terms of their oppression and decide they've had enough. Then they must insist on their right to define themselves as Men through the expression of their natural Selves--living in accord with their true bent and preferences.

Perhaps this all sounds too general. Stereotyped. Phony. Everybody's experiences can't be the same. That is true. (And this is just a beginning; there's a lot of exploring to do which the culture hasn't equipped us for.) But certain common tendencies can be seen. Those of us who grew up in American culture are all products of the same value system.

Let's get away from the general to some specifics. (Just a beginning.) Check out the list of questions at the left and see what kind of answers you come up with. How do you react to Women who are authority figures?

(Policewomen? Teachers? Mother? Boss? Supervisor?)

How do you relate to dependent Women who want you to make their decisions for them? Have you ever wished that your voice was lower than it is?

What is your reaction to other Men who are referred to as a "stud"? "sissy"? "jock"? "kid"? "queer"? "cocksman"? "boy"? "faggot"? "dude"? What is your reaction when <u>you</u> are referred to by one of these names? How do you react to being propositioned by a Woman? by a Man?

How do you react to Women who are expert professionals?

(Lawyers? Doctors? Professors? Engineers? Architects? Athletes?)
Have you ever been made uncomfortable by the expectations a Woman has of you?
Have you ever found yourself wishing that you could "make out" sexually with a Man?
Have you ever tried to keep other Men from learning about some interest or hobby
you have?

(Reading? Art? Religion? Cooking? Stamp collecting? Small animals? Poetry?)

# Nuke Flukes Loosed

### FALLOUT LOOSED BY NUKE FLUKES

(CPF) There were 861 "abnormal occurences" last year at America's 64 nuclear power plants, 70% of them in the various safety features.

EX NUCLEAN PHYSICIST WITH WIFE AND. 15 MUTANTS TO SUPPORT

Catalogued by the Atomic Energy Commission (AEC), these failures ranged from human error, to mechanical breakdown, to an incident where "1000 shad minnowa...impinged on [water] intake screens."

Critics of nuclear power plants, like Charles Bearing of the Union of Concerned Scientists (UCS), feel a simultaneous breakdown of two or more crucial safety mechanisms could "very easily produce a catastrophic release of radioactivity." Twenty percent of the reactor's radioactive material is gaseous, said Bearing. If the container breaks it would not explode but the radioactive gases would "get into the wind," producing the same deadly fall-out that follows an atomic explosion. Such breach-releases are a real possibility. In fact, 12 minor releases did occur last year.

While reactors can't blow-up, they can "blow-down." That is, if the pressurized piping system which circulates 600 degree water were to break, the super-heated water would flash immediately to steam. This 600 degree water cools the metal cladding around the reactor's 5,000 degree fuel rods. Without this water coolant, "the cladding," according to Fortune magazine, "would reach its melting point about half a minute after the break and the entire reactor core would melt within an hour." If the core melted completely, Fortune said, "it would slump to the bottom of the pressure vessel, melt through the foot-thick steel, drop to the concrete floor beneath, and possibly continue melting and shattering its way into the earth. This sequence of events has become known as the 'China syndrome' [because] no one knows for sure how far down it would go...."

Nothing could prevent radioactive contamination of the air, ground, and water after the reactor's container had broken. <image>

would flood in to replace primary coolant lost in a blow-down. Many scientists doubt the ECCS's ability to prevent a disaster - even if they worked as planned. As it is, more abnormal occurrences (166) were reported in ECCSs last year than in any other plant component except primary coolant systems. Last year, 13 of the 64 plants had at least one "event" in each of its control rod, primary coolant, and ECCS systems, according to the AEC report. One plant called Brown's Ferry-1 reported three control rod events, 11 primary coolant events, and 25 ECCS events. The Pilgrim-1 plant at Plymouth, Mass. reported 2, 13, and 21 events respectively for these systems.

As the number of plants grows (the AEC sees 123 by 1978) the probability of such events occurring simultaneously increases. As if in anticipation the AEC has recommended that plants not be built on sites where there are more than two million people within 40 miles. Yet, the 40-mile radius around a threeplant unit north of New York City, for instance, contains more than 18 million people.

Because of their questionable safety, insurance companies refuse to cover nuclear plants against possible damage suits. Accordingly, in 1957 Congress passed the Price-Anderson law which makes the US taxpayers responsible for paying damages -- up to a \$560 million limit. This coverage would prove totally inadequate in the event of disaster; at least two studies have shown thousands would die and billions of dollars would be lost during a major release of radioactivity. For more nuclear power plants to be built, the Price-Anderson Act must be renewed when it expires in 1977. Critics of the plants are now mounting a public information campaign against renewal of this act. They feel the public will resist insuring the plants once they know insurance companies deem them too risky to cover. If the act is voted down, plant construction and functioning would have to stop.

#### CONTROL RODS

In addition to water coolant, the nuclear reaction is also controlled by long carbon rods; the further they go into the reactor, the more the reaction is dampened. If the rod moving mechanism fails, emergency dampening may be impossible. "If the control rods and the primary coolant fail at the same time, then there's really trouble," said UCS's Bearing.

In the mid-60s, this potential for disaster led to the "emergency core-cooling system" (ECCS), a reserve of pressurized water which (For more information contact the Union of Concerned Scientists, PO Box 289, MIT Branch Station, Cambridge, Ma 02139.)

# THE ROAD AHEAD

#### The following editorial was edited from a pamphlet of The Attica Brigade and was contributed by Marvin Farmer, a local cooperative worker.

#### The Road Ahead

The world is always in the process of change. Nothing holds still--not for anybody. And for the masses of people in the world, change is good, because it means an end to oppression and exploitation, the calling cards of imperialism. But the ruling classes are terrified of change--each passing day brings them closer to their end. The imperialists want to live in the past, and they'd like us to yearn for the good old days also.

Eut no number of nostalgia movies from "Summer of '42" to "Class of "44" can bring back the "golden age" of U.S. Imperialism-- the years from 1945 to 1965 when the U.S. was the undisputed topdog in the imperialist kennel. Rather than live in the past, our job is always to sum up exactly where we are now so we can speed up the wheels of change, not hold them back.

We think the situation of the movement today is like someone who's been traveling for a long time and finally gets to the top of a big hill. We can look back and sum up the ground we've covered and we look along the road ahead and see how things are going to be different.

Just looking at the past year we can see how much things have changed. 1973 began with a great victory for the Indochinese people. It ended with the people of Guinea-Eissau winning their independence from imperialist control-- both great defeats for the U.S. On economies, there has been two Dollar devaluations and the growing challenge of Western Europe and Japan.

Internally, the American people have gone through more crises than most college students can remember in their entire lives .. The meat shortage, the energy crises, and Watergate all took place within a 6 month period. And during that same 6 month period there was a wave of wildcat strikes in the auto industry, a victory for the Farah workers, and a militant struggle by the independent truckers, to name just a few sharp struggles.

What's going on-- is imperialism dying? In the long run, yes (and we don't mean maybe). But what's happening now is not their death throes. Instead, this is a time of "great turmoil and disorder" as the Chinese say. It is a time when the imperialists are in confusion and realignment (just look at the number of western powers with unstable governments -- U.S., France, England, Germany and Israel.) This is also a time when around the world, the peoples' movements are getting stronger and winning more victories -- from Frelimo to the British miners to the West Virginia miners. The imperialists along with the rest of us have turned a corner -- try as they might, they can't go back, and we won't let them.

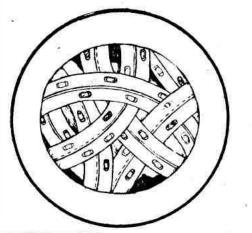
We've gone through a lot in the years since the mass struggles of the 1960's-- the anti-war and black liberation movement. Out of the confusion (sic) and cynicism has grown real anti-imperialist movement -- one that's still in its infancy, that still has many weaknesses, but a real movement nonetheless. THE FUTURE of that movement, including the communist forces, the growing revolutionary forces of workers' organizations, community groups and the anti-state student movement is going to determine how quickly the imperialist leeches will be stopped from sucking the blood of the people. Everywhere there are thousands of students still fighting the system

-- actions like 1,000 students taking over the administration building at the State University at New Palta New York, or the 3 00 just arrested at the University of Connecticut.

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This has been a year of sinking roots, of building struggles and really beginning to grapple with the conditions on the campuses. It's true that things are not at at the level of 1969, but it's not 1959 either. The nature of the system has been exposed to many people. One of the biggest worries of the ruling class is the complete lack of faith that people have in the system. On the other hand, people don't have much faith in our ability to change the system either. The struggles of the past 10 years have been summed up by the media and the history books as failures and the victories have been credited to a few liberal heroes who were left in the middle (sic). To be able to fight the system, students need a weapon-- that weapon is solidarity.

Future tasks will not be easy. We have to continue the struggle against Nixxon and his class, build the farmworkers struggle, and support the Black and Indian struggles in the courts (presently Attica and Wounded Knee). As the State is smashed, we must replace it. Any government that excludes a people will be destroyed by those people.



#### More on Red Lion & B.P.D.

It was announced to the Bloomington City Council on June 10 that the Red Lion Inn's liquor license was to be suspended for two days, June 17-18. The Liquor Commission's announcement came in the wake of a "hushup" perpetrated by the Bloomington Police.



The judgment meted out against the Red Lion was really just a slap on the wrist-~ being forced to shut down on a Monday and a Tuesday night. But when justice is decided in Robin Archer's case, the penalties imposed really hurt.

Robin was fined \$50 plus court costs for being a minor in a tavern, but the disorderly conduct charges were dropped. According to the general complaint issued by the police "Miss Archer did use loud and profane lanquage from the time she was apprehended in front of the Red Lion all the way to the station." The complaint never mentioned that Miss Archer's arms were being pulled up against the joint while her hands were cuffed behind her back. The complaint never mentioned the loud and profane language used by the arresting officer or his cohorts.

Also not mentioned was the fact that the fine imposed was beyond the reach of Robin or her parents at the time.

#### WHEN NOT INAUDIBLE, PROFOUND?

(CPF) At a March press conference in Houston, President Nixon said, "When soybeans were selling for \$14 that was too high. Then they went down to \$7 which is \$3 more than when they were selling for \$4."

(From Point Blank.)

#### Local Boy Makes Good In Cuba

### VHAT, by ED DICK

8

I recently returned from Cuba where I, along with about a hundred other Northamericans, spent ten weeks working, studying, and playing with the Cuban people. This was with the Venceramos Brigade.

It is difficult to express the difference between Cuba and the United States. The greatest differences aren't in the things you can see like food or housing, but in the way the people of these countries consider problems which come up, and the tools they have to solve those problems.

The economy of Cuba is socialist, and its government is revolutionary Marxist-Leninist. The economy of the U.S. is monopoly-imperialist and most of our elected leaders are the servants of business. Cuba has attacked its political, military, economic, and social problems with the perspective of the Cuban working class, and the solutions have unified and strengthened the Cuban people. Attempts by Washington D.C. to solve problems in this country are made in the interest of big money, and the solutions bring us more unemployment, higher prices, and the disunity of racism, paranoia, and alienation.



Fisherman at work in one of Cuba's fishing co-ops.

In all areas of life, the Cuban people select persons from among themselves to take responsibility. In the factories, the responsible workers are selected to work on the trade union council. In the neighborhood, the responsible parents and neighbors are selected to work in the Committees for the Defense of the Revolution. This is true of all mass organizations in Cuba.

ing co-ops.

Basic to the Cuban approach to solving problems is the assumption that the good of the working people of Cuba is the measure of success and failure. Problems are attacked mainly through the government, and since a lot of people in the U.S. have some wierd ideas about the government of Cuba, I'll write a little about it. Keep in mind that I was not there studying Cuban government, but this is what I understand from discussions I had, and I think that it is basically accurate.



Fidel's brother, Ramon Castro.

Likewise, the persons who determine government policy, the members of the Communist Party of Cuba, are selected from among their fellow workers because they are considered to be the most responsible people. They are not selected because they have money or relatives in power. They are selected because they do good work on the job, have a good attitude about giving volunteer time for social projects, because they are interested in bettering themselves by continuing their education. These people, all workers, all selected by their fellow workers, make up the Communist Party of Cuba.

The primary responsibility of these people is to study, define, and carry out the revolutionary policy of the Cuban government. They have the respect of all the Cuban people because they were chosen as responsible workers, and because there are no big money interests to buy them off. They delegate responsibilities among themselves and select their most responsible members to serve on a central committee. This process is continuous from the factory level to the municipal, zonal, provincial, and



COPS ?

Workers at local grocery store weighing meat.

national levels. The biggest difference between this system and our own is probably not in the specific form. In Cuba, it is a process to select a government of the people, for the people, and by the people. Is the U.S., it is a process of large economic interests competing for favors, with the working class always getting screwed.

The Communist Party of Cuba makes the laws and directs the various state agencies such as the Ministry of Health, the Ministry of Labor, etc. much the same as the Congress and President do in the U.S. One difference is that the members of the Party in Cuba are all workers. They each go to their jobs every day and talk about what is happening with their fellow workers. This changes their attitudes, and also the attitudes of the other workers so that there is a continuous interaction or struggle between the Cuban people and their government. Here in the U.S. all we can do is hope that Nixon will resign, all the while realizing that the man who will take his place will be just as bad.

For six weeks we Northamericans, along with about fifty Cuban construction workers and fifty Cuban youths, worked as a brigade building a residential village for the workers in a dairy project about fifty miles north-west of Havana. The atmosphere of the work place was very different from any construction project I have worked on in the U.S. There were "jefes" (leaders), but they were just people like yourself who had been chosen because of their demonstrated responsibility. took it upon themselves to explain



Many Cuban high school students go to classes in the morning and volunteer for field work in the afternoon,

### As completely as possible all aspects of the work which needed to be done. They encouraged us to use our heads and try to figure situations out be-

and try to figure situations out before we asked for help. Everybody out there was doing the most they could. There was no conflict of interest between the workers and the direction. Every saturday each subbrigade met to discuss their production for the previous week, to talk about problems at the work sight, and to make suggestions. We worked real hard, and during the month of April we produced 105% of our expected quota. This was not taken light-ly. Later, when we were on tour of the island and visited factories, special attention was given us because of our work attitude as demonstrated by our meeting and exceeding our production quota.



Cubans and Americans working together to build a new school,

The village we worked on is completely residential. When completed, it will house about 350 families, and include an elementary school, a commercial center with stores, barber, poly-clinic, etc. The Cubans aren't into expanding their cities a whole bunch. Yet, since they have a large peasant population which is gradually leaving the farms as larger scale agriculture continues to develop, it is necessary for the economy to develop decentralized work places.



We went on tour of the island for three weeks. During this time we visited many of the schools, factories, agricultural projects, political organizations, and playgrounds of Cuba. We had many opportunities to walk freely through Cuban cities and talk with the Cuban people. Many of us knew Spanish, which helped immensely. Many Cubans speak some English as they study it in school or go to night school to better themselves. The idea that Communist countries are under police rule is a myth. I saw a lot less police in Cuba than I do every day in the U.S.





An art teacher in one of Cuba's worker's schools, held in the evening after the day's work.

The people of Cuba have strong feelings of affection for the people of the U.S. Everywhere we went Cubans told us this. They will fight to the death to defend their country against the aggression of the U.S. government, as many of them did in 1961 when Kennedy and the CIA invaded Cuba at the Bay of Pigs, And they will resist the aggression of the U.S. government all over the world by such means as sending construction brigades to North Vietnam. But still there is a natural love between our peoples, for we have shared five-hundred years of history, and both of us have experienced the exploitation of the monopoly capitalism which still grips our country.



An old thatched hut, a symbol of pre-revolutionary poverty, is burned to make way for new housing.

The Cuban people showed us real respect--not because of our strength or wealth, but because they under stood how difficult our struggle to rid ourselves of our parasitical economic system is. They never doubt for a moment that we will be successful.

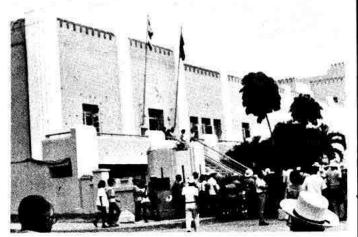
This month is the biggest holiday on the Cuban Calender, the 26th of July. Twenty years ago on the 26th of July, Fidel led a band of revolutionary soldiers in an attack on the second largest fortress of the Batista dictatorship, the Moncada Garrison in Oriente Province. This was the beginning of the armed struggle which put an end to imperialism in Cuba. In an effort to break down the cultural and ideological blockade of Cuba, the Venceremos Brigade is helping the Cubans celebrate this most important date by doing educational work on Cuba. There will be an Expo Cuba in Champaign on the 26th through the 28th of July, complete with a slide show of the Brigade. Anyone interested in Cuba or the Brigade should make a point to go. The place and time have not yet been determined as of this printing, but that info can be had by calling 828-5303

One of the new apartment complexes built where thatched huts once stood.

Los Naranjos, the village we worked on, is a modern village, an integral part of the developing Cuban economy. The houses are nice. It never gets really cold in Cuba so the design is open. Construction is mostly of concrete and steel since those are most durable and available. The aesthetics of the building are really nice. Particular attention is paid to landscaping, building arrangement, and playground areas. We all got good sun tans and strong backs working on the village.



Brigandista building forms for a concrete foundation.

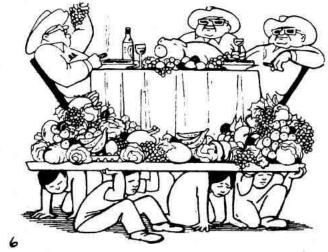


The Moncada, where armed struggle against the Batista dictatorship began.

Phoesix, Ariz. (El Malcriado/INS) -- Grower Bob Goldwater, brother of Arigona Senator Barry Goldwater, sauggles Mexican "illegals" into his 4200 acre Arrowhead manch and pays them between 50¢ and \$1 per hour. These charges were made by five illegally smuggled Mexicans who were working at Goldwater's ranch when over 40 farm workers began picketing the ranch on April 22. The five workers demcribed to the United Farmworkers representatives what is, is effect, a black market in slave labor. Several of them had walked to Phoenix from the Mexican border-- a three day trip without food or water other than what they found along the way. At the Goldwater ranch the illegally smuggled workers were used as strikebreakers and they worked 10 hours a day, six days a week in the grape vineyards. Yet their wages averaged from \$30 to \$60 a week, in obvious violation of the minimum wage laws.

···this time Allende's CHILE

### **PIGS & PUPPETS**



(Peking Review) -- The ailitary government in Chile has returned to their original owners a number of U.S.owned enterprises which were mationalized during the rule of its predecessor, Among these enterprises are the Dow Petrochemical Plant and the Dow Distributios Corporation, both affiliated with the U.S.+Owned Dow Chemical Corporation. They were expropriated on October 20, 1972. Seventy percent of the Dow Petrochemical Plant's and all of the Dow Distributor Corporation' a shares were held by the Dow Chemical Corporation, Barlier, the Chilean Corporation for the Development of Production and the representative of the "Carrillos Copper" Metallurgical Company, a joint Chilean-U.S. eaterprise expropriated by the former Chilean Government last July, signed an agreement on the official return of the company. Five nationalize [aS.-owned film companies operating in Chile as, Metro-Goldwyn Mayer, United Artists, (Columbia Fi 20th Century E. and the International Cinéma Corporation) have also been returned to representatives of their original owners.

# **ALTERNATIVE NEWS BRIEFS**

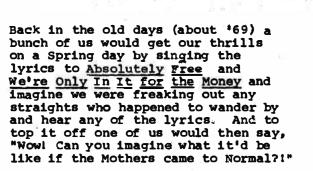


Atlasta, Ga. (Great Speckled Bird)--- Diethyistilbestrol (DES), a "morsing after" birth coatrol pill that is being distributed to many women in the Atlanta area, especially wictims of rape, is being investigated by the Fultom County Board of Health. The investigation came at the insistence of Atlanta Assistant Chief Administrative Officer Reginald Eaves, the city's representative os the board. City officials decided to push for the probe after the Mayor's office received dozens of calls last week from women who had been given the drug. The worried callers had seen a television program which pointed out that DES had been found in past medical studies to be strengly linked to cancer.

Anywhere, USA (Wall Street Journal) -- No help for the women's movement: Should a company be denied the usual deduction for advertising expenses for employment ads that violated the Civil Rights Act of 1964 by specifying a sex preference irrelevant to job requirements? The Tax Reform Act of 1969 bars a deduction for payments deemed to violate public policy. But that prehibition applies only to payments leading to criminal penalties or loss of a business license, and the Civil Rights Act doesn't include either sasction, the IRS rules.

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# the FRANK ZAPPA CONCERT



Well, they came at last-- only about four years too late.

Frank Zappa is a genius. Make no mistake about that. Once he applied his craft to writing some of the most complex and biting music around. Hardly anyone bought it. Now with social satire considerably soft pedalled in the group (and often replaced with some of the most pointlessly sexist lyrics in rock) he appears to have made it. Zappa stepped down to his mass audience's level, and they were his. Demni I loved the Mothers for their lyrics and elaborate experimental jazz (of such records as <u>Uncle Meat</u> and <u>Burnt Weiny Sandwich</u>). I even liked the live albums-- as pointless as they appeared-- for the divine vocalizations of Kaylan and Volman/ Flo and Eddie. But this new Zappa of <u>Overnight Sensation</u> and <u>Apostrophe</u> is a pale shadow.

Musically he and his Mothers are still impressive. Ruth Underwood and George Duke stand out particularly for their humorous and inventive percussion and keyboard work respectively. Jeff Simmons is a fine guitarist, and Zappa himself of course is unbeatable. Vocally the group is the weakest it's ever been, with Zappa's talking style wearing thin through overuse.

Lyrically, the new Mothers is depressing.

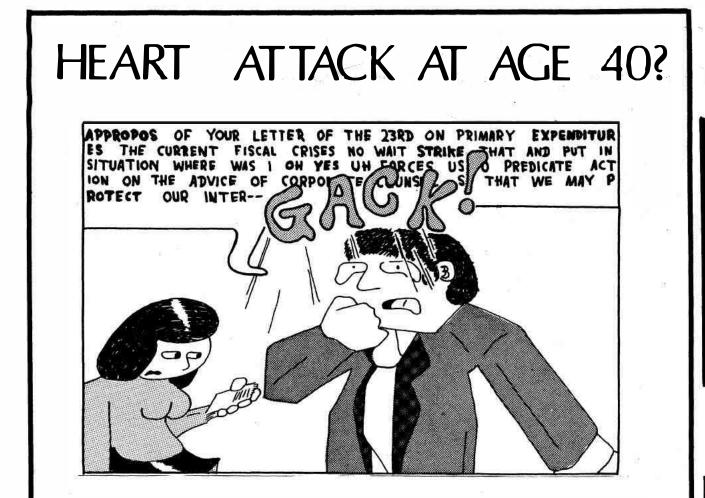


With a long extended rap on what he called "boogers" ("You might think a booger is something that comes out of your nose. . . Wrong.. A booger is a woman that looks like something that came out of your nose.") Zappa reached a new low in offensive sexism. Even a satiric number like "Cosmic Debris,"Zappa's satire on gurus, reaches for a chauvinist put-down ("The price of meat has just gone up and your old lady has just gone down.") Lame--that's all it is.

One gets the feeling watching Zappa walk through his songs that he doesn't care anymore. When he was good nobody wanted him. When he plays to the lowest of common denominators, they eat him up.

Maybe I'm wrong. Maybe he's stringing his audience along to catch them in one great inventive mind fuck. I hope so. But in the meantime, I'm going back to listening to <u>Hot Rats</u>.

**BS74** 



people...

#### PEOPLE EVENTS

BJ - William Joe Lee is on the verge of completing his G.E.D. and is going on to major in music in college, hoping to rock the styler-no one knows. Right on, Mr. Lee. Lay it on us!

We would like to express our condolences to the people of Centre Street for the death of their cat, Stumpy, from a rare(1) blood disease.

(Anybody with any people news they'd like to see in this paper should send it care of this paper).

Judy Comfort, of Bloomington; formerly of Izmir, Turkey, Rabat, Morocco, Texas & Urbana, Ill. USA will finish up her BA (no BS) in Anthropology at ISU this summer.

Then you aint the only one! Each year many men like yourself succumb to the pressures of an unrealistic and dehumanizing sexual role, abusive to yourself and others (particularly women). Think about it. Why should responsibility be heaped upon individual male shoulders? Why should achievement at the expense of enjoyment be so valued? Why should males be taught to stifle honest emotional response to pressure until this response manifests itself in a potentially fatal physical response? Whether you're small business executive or factory personnel, you're still being hyped! Somebody's taking advantage of you!

A PUBLIC SERVICE AD: COURTESY THE BLOOMINGTON NORMAL MEN'S GROUP Congratulations, Judy education speeds the revolution!

#### CLASSIFIED ADS:

Quality handcrafted DULCIMERs, simplest musical instrument that there is to play. For information, demonstration, or just to rap, Normal Musical Implement Guild, 828-0337. WANTED - Used mimeo or ditto machine in good condition, 828-0337.

#### Artists

I seek 1 poet-author, 1 actordirector, 1 musician-composer, 1 singer-dancer, 1 photographer -filmaker, 1 painter-renderer, 1 epicurean gourmet, and 1 psychic scientist for an interesting experiment in working and living together. If you are dedicated to your art, fun-loving and can swing \$35.00 a week room and board, call 827-9074 or 828-7195.

### WORKERS



Mamila (INS) -- Since martial law was decreed by Philippine Presidenr Ferdinand Marcos in September 1972, the most violent fighting between government troops and resistance forces has been on the island of Mindanao and the Sulu island chais in the southern part of the country. While resistance and rebellion has hit nearly every province in the country, Marcos has directed his most vicious attacks at the Muslim rebels in the south. Though the Muslim rebellion is perhaps more a military threat now than resistance in other parts of the country, there are reasons why Marcon has made Mindanao a priority area to "secure". Two of the largest landowners on the Muslim island are the huge pineapple and sugar growers Dole and Del Monte, both of which have recently announced that they wish to phase out their operations in Hawaii and move them to the Philippines. In the early spring, about 6,000 Hawaiian pineapple workers joined 9,000 Sugar workers in a strike against the runaway shops. After several weeks, guarantees for the present workers -- such as severance pay and early retirement benefits -- were won by the strike but the tide of shops headed for cheaper labor markets was not stopped.

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Birmingham, Ala. (Guardian) — In a continuing campaign to halt the importation of South African coal, almost 2000 Alabama miners June 18 picketed the Birminghas headquarters of the Alabama Power Co., a wholly owned subsidiary of the importing firm, the Southern Co. On the picketline, rank and file miner Bill McBaniels pledged that Alabama miners will keep on protesting this coal until it is stopped. "This is only the beginning. We understand this is slave labor coal and the workers of South Africa get only \$3 a day and have to live crowded together in concentration camps. We will be down on the docks im July to stop the coal—and we expect the longshoremen will be with us."

(Typists' note: Os November 12, 1974 the UMW's contracts with a number of companies will run out. UMW President Armold Miller will head up the negotiations for the rank and file mimers. A major strike this winter is possible, and every major industry and utility would feel its effects. In view of our uncertain national economy and its runaway inflation, the UMW must win in the negotiations to provide its rank and file and their families some financial security for the period in the new contract.)

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## ALTERNATIVE NEWS BRIEFS

HAVE A BOWL OF HOT BUICAR!

# **CULTURED KORNER** FOLKS GATHER AT COLFAX & FUNKS GROVE

About 50 people came and went to a small musical gathering just : north of Colfax June 22 & 23. No doubt more would have come if the weather had not discouraged it.

Held at a small farm house wheed by friends of the fifty, the people event developed into a rather happy and pleasant experience. There was beer enough for many and everyone seemed to be content with their share of the grog.

The people gathered on a Saturday and Sunday to enjoy music and friends. The music was provided by friends and almost everyone shook a tambourine or cooked on a cowbell in what came to be a "peoples" jam".

Rain threatened and ended the possibility of having the affair outside Saturday. But with the aid of a good barn that did not leak and a rather large hay loft, everything seemed quite cool, and, as a matter of fantasy, it would it have been the same without the rain.





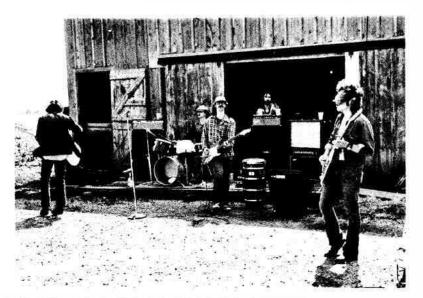
By Sunday the conditions had changed, and the music was moved outside. A bit too cool to just sit and watch, many people played volleyball or just meandered. The musicians decided the only way to keep warm was to play and they did so. Music was continuous throughout the weekend.

Sunday, July 14, people gathered once again at a Funks Grove farm for music, beer, creek swimming and the roasting of a rather good pig. Far from beeing a scenario from Lord of the Flies, folks acquainted themselves with each other and came to feel close to each other as the day drifted on.

Two grimey-carboned generators provided electricity for a band of local-yocal musicians who were soon overcome by beer and heat but nevertheless, enjoyed themselves immenselv.

Through the collective efforts of the organzers and the people involved both of these events pleasant and enjoyable. There seemed to be nothing but good vibes in the air and plenty of receptive lungs to breathe it in.



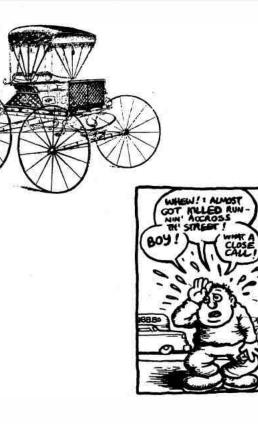


Dear Post and others,

In memory of the planet earth, I am writing a book about the events leading up to the final rotting-when the last crumby, capitalist microbe consumes the final bit of non-human life on this planet (an entree to the actual elimination of <u>our race</u>). This book is called: <u>Help</u>, <u>i'm being held prisoner on a</u> <u>dying planet</u>!

Enclosed is a portion of this mutant work. Keep up the good work on the <u>Post</u>. It's getting better all the time.

Jack Galin



#### Excerpt from <u>Help i'm being held</u> prisoner on <u>a dying planet</u>

standing where dirt used to be on the stench filled shores of mystery while meanwhile individually see the love of eating you eating me

exit seems quite dangerously a myth of what life seemed to be while wild dogs bay meaningfully see the poison-eating you eating me

planets crash and smash their parasites will lash against what they are told is natural

don't look away from your sealed room at the scab-encrusted skirt free tomb while waiting for a diplomic bomb see the mirror eating you, eating me

Jack Galin (The Manhattan Madman)

## WHAT EVER HAPPENED TO THE NORMAL MUSICAL IMPLEMENTS GUILD?

Well, it's almost midnight + I'm wonderin where it's all headed. Hell, I'm 33 now + it's day labor in 95° heat + gettin sliced a few hours - just for fun. Darn your bit for Uncle Sam + doin your bit for State U on GI Bill with 2 part-time jobs gets you nothin but 'hippie wierdo' + 'overeducated' + 'you just don't have enough experience in this particular area. That's OK, but you begin to wonder about those people who complain so much about the price of gas, when you're too poor to own a car yourself.

Django sounds real nice on the box, but the record ends & it's today & your Ariends are getting fewer like the ald song - 'Nobody Knows you When You're Down & Out! Maybe I am a wierdo, but I know that today was a great day! Far more rewarding than beatin the streets again lookin for work. Today, TL & Chris & Geoff & I went to Chriago & closed TL's deal. We brought back stuff that should set him up as a top- Alight stringed instrument repairman/maker. And, if that's not great, then what is? How many folks are interested in creating fine musical instruments? - fine anything?

But, while it's gettin time to crash what I'm really feelin is intense frustration. Frustration that TL will have to work around 4 more years to pay his loan back before he can begin his work seriously; frustration, born of the knowledge that between the bunch of us is the potential to bring honest craftsmanship, ingenuity + creativity back to American enterprise certainly to a significant level in this area. Down, but not beat!

Years ago this area was a center for many fine instrument craftsmen, we want to bring this back home. We intend to build a repair fine stringed instruments a provide related services. Who out there is interested in investing in honest American craftsmanship, with a good long-term return?

That's

NORMAL MUSICAL IMPLEMENTS GUILD





#### Dear People,

I've just completed a review on what's supposed to be a rehabilitation plan by the man, and the greatest system of isolation ever to be developed. So I would like to share my review to the viewer's of the Post Amerikan!

Failure of rehabilitation is quite common. Many truths of the penal institution are hidden from the public. This is why most penal systems are carriers of regression. Jails as well as penal systems are quite comman, as both are systems of criminal justice, with no real self-help programs and teach nothing more than how to survive.

Could the public of brotherhood really say jails and institutions are isolated worlds, kept at a distance from society. The general brotherhood wouldn't have the first thought of this because no holes or breakthrough can be found in this system. This only leals to who is the structure of the isolated system, and why has there been great regression instead of development.

Those who have no voice wish they had voices, like those who want to break the key from the star heros that obtain the isolated system. The madness of the star can take good people away and the goal for some can never be reached. Why can't natural living be completed when it's all so unlike life.

If we point the finger, I am sure some of us know who's who. So later. I do want to comment on your paper. It has some very warm articles, and tells just like it is. I did refer your paper to some of the papers on the west coast.

If you would have room for all of this in next issue, I would like to add a poem.

Who made a speech in the people's hall.

As who was speaking for all and all.

Life is short and very sweet It's getting hard to stand on our two feet.

Time is rough

People can't get enough We say it's him, but we put them in Pushing each down to get to the top It's all turning into hard rock.

> Truly, BJ - William Joe Lee RM, 40484

#### POUR-WHEEL ANARCHISTS ?

I just want to know if all those fatassed big cars I saw going 65 to 70 mph on the highways last july 4th weekend, in violation of the President's wishes and law and in jeopardy of my driving life (which was going 55 mph) belong to the same assholes who support persecution and arrest of some poor kid caught smoking a jay and threatening nobody. - - - a reader.



## WE'RE

## LATE

#### You almost didn't see this issue.

It was originally (rather optimistically) supposed to come out weeks ago! Lack of able and willing bodies and the summer heat almost kept this paper from coming out altogether! Simply: it was hell to get this issue out!

The work isn't hard. It's just that there's a lot of it! More almost than our limited staff was capable of doing! (A lot of regulars are either away for the summer or for good.)

So what does this mean? It means that unless we can get more people by fall, the Post-Amerikan may not come out! We believe in the paper, but most of us don't have the energy to keep this up and carry on with full-time jobs or school.

We need your help.

If you can give it, check the meeting schedule on page two.









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## WESN

#### WESLEYAN RADIO RAP

WESN, 88.1 FM, can be picked up in most places in Bloomington-Normal. During the summer the programming is slightly irregular, though most nights the station comes on at 6:00 pm, and stays on 'till 2:00 am. Philosophies regarding the types of music and format vary. Generally, from 8:00 o'clock in the evening until the station signs off the emphasis is on either music that<sup>4</sup>s not played on other stations or music which is less well-known than AM top 40. Mostly rock, but some countryrock, and some jazz. Programming will be more varied in the fall. If you haven't listened before, check it out. If you don't like what you hear, try another time slot or another evening.

USBAN RENEWAL

a <u>Post-Amerikan</u> typist; hell aren't they running tional Lampoon Radio Boun

3:

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when

Guide

Radio