

Eastern Illinois University

The Keep

The Post Amerikan (1972-2004)

The Post Amerikan Project

2-1995

Volume 24, Number 1

Post Amerikan

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Part of the Gender, Race, Sexuality, and Ethnicity in Communication Commons, Journalism Studies Commons, Publishing Commons, and the Social Influence and Political Communication Commons

Special Pull-Out Section for Black & Women's History Months; Youth Services Controversy; Poetry Contest



POST AMERIKKAN



BLOOMINGTON/NORMAL

VOL. 24

50¢

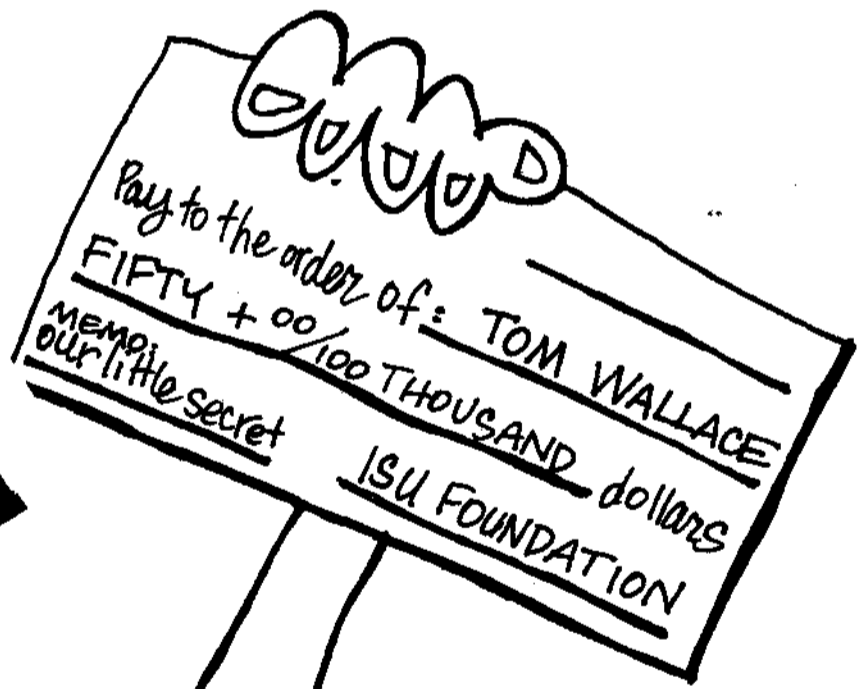
NO. 1

FEBRUARY/MARCH 1995

↑ **CHEAP!**



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THOMAS WALLACE**



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POST AMERIKAN 2



BLOOMINGTON/NORMAL

VOL. 24

NO. 1

FEBRUARY/MARCH 1995

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Good numbers

ACLU.....454-7223
 AIDS Hotlines
 National.....1-800-AID-AIDS
 Illinois.....1-800-243-2437
 Local.....(309) 827-AIDS
 Alcoholics Anonymous.....828-7092
 Animal Protection League.....828-5371
 Bloomington Housing Authority.....829-3360
 Clare House (Catholic workers).....828-4035
 Countering Domestic Violence.....827-7070
 Dept. of Children/Family Services.....828-0022
 Gay & Lesbian Resource Phonenumber..438-2429
 Habitat for Humanity.....829-0693
 HELP (transportation for senior
 citizens/handicapped).....828-8301
 Home Sweet Home Mission.....828-7356
 IL Dept. of Public Aid.....827-4621
 IL Lawyer Referral.....1-800-252-8916
 Incest Survivors Support Group.....827-5051
 Lighthouse
 (substance abuse treatment).....827-6026
 McLean Co. Center for Human
 Services.....827-5351
 McLean Co. Health Dept.....888-5450
 McLean Co. Humane Society.....663-7387
 Mid Central Community Action.....829-0691
 Mobile Meals.....828-8301
 Narcotics Anonymous.....1-800-779-6178
 NAAFA (size acceptance)
 Central IL chapter.....454-2128
 National Health Care Services/
 abortion assistance.....1-800-322-1622
 Normal N.O.R.M.L.....452-4761
 Occupational Development Center....452-7324
 Operation Recycle.....829-0691
 Parents Anonymous.....827-4005
 PATH (Personal Assistance
 Telephone Help).....827-4005
 Phone Friends.....827-4005
 Planned Parenthood (medical).....827-4014
 (bus/couns/edu).....827-4368
 Post Amerikan.....828-7232
 Prairie State Legal Services.....827-5021
 Project Oz.....827-0377
 Rape Crisis Center.....827-4005
 Safe Harbor Mission (Salvation Army)829-9476
 Sunnyside Neighborhood Center.....827-5428
 TeleCare (senior citizens).....828-8301
 Unemployment comp/job service.....827-6237
 Voice for Choice.....828-3108
 Western Ave. Community Center.....829-4807
 Youth Services of Mid IL.....828-7346

About us

The *Post Amerikan* is an independent community newspaper providing information and analysis that is screened out of or down played by establishment news sources. We are a non-profit, worker-run collective that exists as an alternative to the corporate media.

We put out six issues a year. Staff members take turns as "coordinator." All writing, typing, editing, graphics, photography, pasteup, and distribution are done on a volunteer basis. You are invited to volunteer your talents.

Most of our material and inspiration for material comes from the community. The *Post Amerikan* welcomes stories, graphics, photos, letters, and new tips from our readers. If you'd like to join us, call 828-7232 and leave a message on our answering machine. We will get back to you as soon as we can. Don't worry if it takes a while—we don't meet every week.

An alternative newspaper depends directly on a community of concerned people for existence. We believe it is very important to keep a newspaper like this around. If you think so too, then please support us by telling your friends about the paper, donating money to the printing of the paper, and telling our advertisers you saw their ad in *Post Amerikan*.

Post Sellers

Bloomington

The Back Porch, 402 N. Main (inside)
 Bakery Bank, 901 N. Main
 Bus Depot, 533 N. East
 Circus Video (Emerson and Main)
 Common Ground, 516 N. Main (inside)
 Front and Center Building
 Law and Justice Center, W. Front
 Medusa's, 420 N. Madison (inside)
 The Park Store, Wood and Allin (inside)
 Twin City Exchange, 411 N. Main (inside)
 U.S. Post Office, Center and Monroe
 Wash House, 609 N. Clinton

Normal

Amtrack Station
 Babbitt's Books, 104 N. Street (inside)
 Mother Murphy's, 111 North (inside)
 corner of School/Fell (bus stop)
 Subconscious, S. Main

What's your new address?

When you move, be sure to send us your new address so your subscription gets to you. Your *Post Amerikan* will not be forwarded (it's like junk mail-no kidding!). Fill out this handy form with your new address and return it to us, P.O. Box 3452, Bloomington, IL 61702.

Name _____

Street _____

City/State/Zip _____

This issue of *Post Amerikan* is brought to you by...

Linda, Ralph,
Sherrin, Tom and Winter

Special thanks to David and Galen

Due Date:

The due date for submitting articles to the *Post Amerikan* is: (please laser print your articles in columns of 3" using Palatino 10pt. type if possible.)

March 15th



Community News



Dann Nardi: Middle Ground



University Galleries will open their spring semester with *Middle Ground* a unique installation by Bloomington-based artist Dann Nardi.

Nardi is known primarily for his outdoor site-specific sculptures in which he combines organic and industrial elements into architectonic forms. His sculptures, which are often constructed out of opposing elements such as raw concrete and wood or metal and water, emanate a quiet refinement where conflicting forces are harmoniously resolved. His preliminary renderings and maquettes are work of art in themselves and his mastery of materials such as concrete, metal and wood is evident in the unique combinations and surfaces he creates.

Middle Ground will consist of a large-scale temporary installation that appears to have emerged from the space itself. The installation will consist of wood, light, earth and assorted materials to create an uninterrupted environment of conceptual and constructive processes. Maquettes, photo documentation and drawings of eight of Nardi's permanent outdoor sculptures will be included in a separate part of the exhibition.

Nardi, who lives with his wife Brenda and his two daughters in Bloomington, received his Masters degree from Illinois State University in 1978. His studio is located in downtown Bloomington.

Middle Ground will run through February 26, 1995.

Source: University Galleries

Arch Connelly: Works 1981-1993 through February 12

Arch Connelly: Works 1981-1993, opens Tuesday January 24, 1995 at 8:00 pm in Gallery II of the University Galleries. Curated by Kent Smith of the Illinois State Museum, with assistance from Dan Connelly, the exhibit features Connelly's whimsical, opulent, and multifaceted work, built up from sequins, glitter, baubles, and crushed eggshells. The exhibit continues through February 12, 1995.

Arch Connelly, who died of AIDS in 1993, grew up in Zion, Illinois and received a Bachelor's Degree in Ceramics from Southern Illinois University in 1973. From these modest beginnings, "a certain Midwestern ethic of hard honest labor comes through strongly in his art. The obsessive, intensive effort that goes into fashioning each object forms a part of the meaning of what Archie accomplished" (*About Archie*, Jeff Perrone). With opulent materials, a curvy incised line, and subtle humor, his work touches upon the baroque and rococo while, at the same time, it embraces camp and kitsch. "His assemblages, sculptures, and paintings constitute a wonderful in-joke, imbued with enough cloying artistry to make his glitter and sequins scintillate with pleasure" (James Yood, *Artforum*, February 1994)

University Galleries is located at 110 Center for the Visual Arts. Gallery hours are Tuesday 9:30am-9:00pm, Wednesday through Friday 9:30am-4:30pm and Saturday-Sunday 12:00-4:00pm. For further information or to arrange a guided tour, please call the Gallery at (309) 438-5487.

Peace Poetry Contest Slated

The winning poems from entries in the Post-American Peace Poetry Contest will be published in an upcoming issue of the paper, thus gaining worldwide recognition for the talented authors.

Though we traditionally don't publish poetry and fiction, we're making an exception for this contest. With the Republican majority in Congress, we think that left-wing poetry may be endangered, and we intend to give it some support. And remember, poets, a publication is a publication.

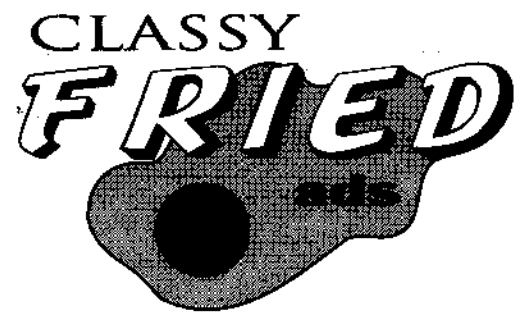
The guidelines are these: Your poems must not run over a typed page in length (per poem). They can be in any form, rhymed or not. In some way, they should promote the theme of peace, but we will interpret this theme broadly. You can enter up to five poems in the contest. They have to be original and never published anywhere else. For each poem, you need to send a \$5 entry fee.

The winners will be decided by a vote of Post-American staff members, some of whom even know a few things about poetry and all of whom know something about peace. Staffers will remain anonymous and will be sequestered while they make their decisions to avoid being swayed by other media.

The deadline for entries is March 15, poetically known as the Ides of March. Address entries to Poetry Contest, Post-American, PO Box 3452, Bloomington IL 61701. Write checks to Post-American.

Abandoned Cat Needs Home

Abandoned cat needs good home. 1 1/2 year old male, gray tabby. He is very affectionate and has had all of his medical needs taken care of (neutering, shots and checkup). Call Sherrin at 828-4473.



WRITE YOUR TEXT

- 1.....2.....3.....4.....5.....
- 6.....7.....8.....9.....10.....
- 11.....12.....13.....14.....
- 15.....16.....17.....18.....
- 19.....20.....21.....22.....
- 23.....24.....25.....

THE DETAILS

- FOR SALE
- WANTED
- FOR RENT
- FREE
- OTHER

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Wallace and the Wallaby

after Lewis Carroll's "The Walrus and the Carpenter", from Through the Looking Glass

Wallace and the Wallaby
were walking close at hand
They shied from all publicity,
for both were on the lam
The Wallaby from Miller Park
Tom from his fifty grand.



Wallace cried, "That money was
A pittance, don't you see?
Compared to other presidents,
I earn a trifling fee!"
The Wallaby just shook his head
and piddled on a tree.



Wallace moaned, "I earn my lot-
I'm not a reprobate.
For my beloved 'Birds I've fought
I don't deserve this fate!"
The Wallaby glanced down and caught a
French fry, which he ate.



Wallace led with energy,
decisiveness and pluck
But loss of credibility
turned him to one lame duck.
"What say you to that, Wallaby?"
Whose sole reply: "Tough Luck"



And so they both ran from their ghosts
and hours soon had passed;
They raced along the sandy coast
Til there were no shadows cast
Tom could not keep up; like most,
That Wallaby was fast.



At day's end Tom Wallace took
the little fellow's paw
And put him on a plane
back to beloved Australia.
Then with a tear, Tom took a job
at U. of Florida.



TT

Somebody snitched on him

As sung to "I'm getting nothin' for Christmas"

(Chorus)
I'm getting nothin' from the foun-da-tion,
students and faculty are mad,
I'm getting nothin' from the foun-da-tion,
'cause I ain't been nothin' but bad.

I accepted fifty thou from fund-rai-sing,
somebody snitched on me.

I failed to notify the proper author-i-ties,
somebody snitched on me.

I complained I needed a higher sal-a-ry,
How can I survive on that kind of mon-ey?,
Hmm...maybe I should quit before they fire - me!
somebody snitched on me.

Oh, I'm getting nothin' from the foun-da-tion,
students and faculty are mad,
I'm getting nothin' from the foun-da-tion,
'cause I ain't been nothin' but bad.

-towanda!

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 COME AND SEE HOW WE'VE
 GROWN. EXPERIENCE THE SHOCK!
 THE KING SEZ:
 Bin-Baby This Place
 is really COOL!



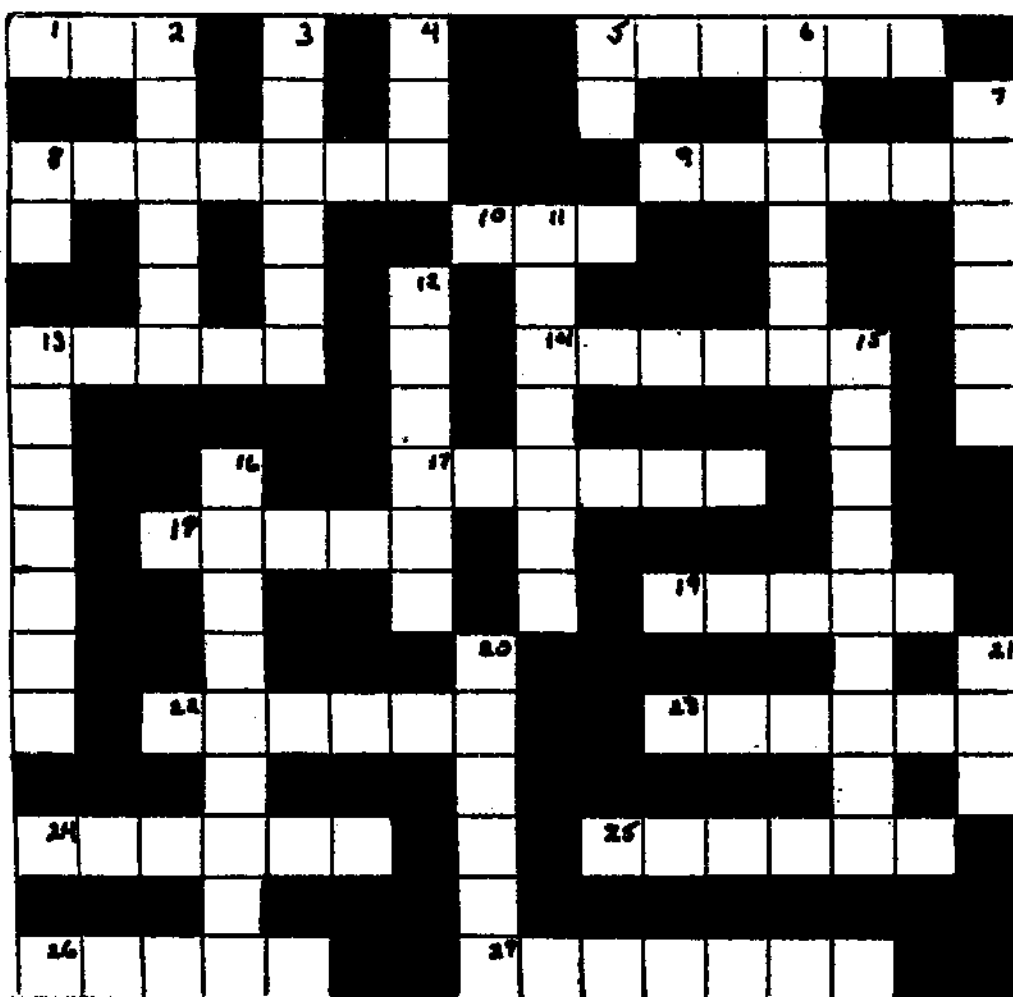
Larger Than Life Figures V: Artful Purveyors of Plumptitude

ACROSS

- 1 Brit novelist: Vanity Fair (init)
- 5 German lyric poet: Faust
- 8 French artist whose "Bathers" drew amorous attack by Napoleon III
- 9 Contemporary Columbian artist of massive bronzes & robust sketches
- 10 American poet, awarded Pulitzer for What's O'Clock, ? Lowell
- 13 Goddess of Laussel, Vestonice, Willendorf or Milo
- 14 American story-teller: Rip Van Winkle, et al
- 17 19th C French novelist: The Human Comedy
- 18 20th C painter of "Two Nudes" -- their eyes are in the right place
- 19 20th C English satiricist: Brides-head Revisited
- 22 Cookbook author, 1st to use standard measurements
- 23 16th C painter whose "Susannah" portrays FA-ish voyeurism
- 24 U.S.A. trilogist, dos ?
- 25 19th C French painter of such voluptuous nudes as "La Grande Odalisque"
- 26 Norwegian playwright: A Doll's House
- 27 Italian fresco-master of luminous, sensual Madonnas for the Vatican

DOWN

- 2 Southern gothic novelist: In Cold Blood
- 3 Flemish baroque painter, synonymous with ample beauty
- 4 British creator of The Lost World & the world's best-known detective (dim)
- 5 19th C French writer: Madame Bovary (init)
- 6 16th C Venetian painter of erotic "poesies" for Spain's Philip II
- 7 Tale of Peter Rabbit author/illust.
- 8 Narnia chronicler, ? Lewis (inits)
- 11 French sculptor: "The Three Nymphs"
- 12 18th C English historian who chronicled fate of the Roman Empire
- 13 Venetian painter noted for blondes of ample charms, e.g. "The Three Graces"
- 15 16th C Venetian painter; his images were "stolen" by Manet & slimmed down
- 16 Expatriot French sculptor of transcendent female fertility figures
- 20 French impressionist who reveled in pink, pearly "Bathers"
- 21 ? Wesselmann, Am-pop artist whose "Giant American Nude" variations are examples of "assemblage" art



Becky '95

babbitt's bookstore

Babbitt's Books has a full schedule of reading groups, lectures, and workshops available for the Spring. Topics range from Dream Interpretation to Poetry, Writing to Animal Rights to Railroad History in Central Illinois and more. All scheduled events are moderated by experts in the field and meet one time only. Fees for reading groups and lectures are \$5, and \$10 for workshops, with all fees going directly to the moderators.

104 North St. • Normal
Mon. - Sat. 10-6 • 454-7393



Notes From the Land of Anti-Fat

Scary Is As Scary Does

Made my way through *Insomnia* with barely a shudder, but these days I can't go past a bookstore without cringing. If only they didn't place that Susan Powter display so prominently upfront—the woman is genuinely creepy! I don't mind the buzzcut or the speedfreak delivery, both pleasantly redolent of the early eighties. It's the rabid certainty with which she propagates her diet dogma that rankles. Stop the madness, indeed! If we stopped it, nobody would be listening to or reading your bullshit, Susan! Word is that America's number one diet Nazi has recently declared bankruptcy and is depending on the sales of her new book, *Food*, to pull her out. I'm not counting her out—the woman's a dietary Freddy Krueger.

Only A Small Side Effect

Never let it be said that our pharmaceutical community doesn't have the best interest of dieting Americans at heart! Among the latest research directions being reported: The use of anti-depressants like Prozac and Lovan to treat "obesity." In one such study, 121 subjects at the University of Rochester were part of the first trial ever of chronic medication for obesity. After four years of pill-taking, the subjects reportedly lost an average of 16 percent of their weight in eight months and kept most of it off for three years. (What happened in the last four months?) Only one small side effect was noted in the report: subjects suffered loss of short term memory. A small price to pay for weight loss, say I: just keep your keys looped to your slacks...

Yesyes To Yoyoing

The National Task Force on the Prevention and treatment of Obesity, one of the National Institute of Health's strongly pro-diet committees recently published a report in the *Journal of the American Medical Association* poohpooing all those worrywart reports about the possible effects of yoyo dieting. Reviewing 43 studies conducted between 1966 and 1994, the

Post Bureaucracy

Our answering machine does not seem to be working at the moment. If you need to reach us I'm afraid you will have to do it the old fashioned way—drop us a line at our PO Box. Sorry for the inconvenience but heh, we don't have the money to buy a new machine. However if anybody out there has one that they would like to donate...

Speaking of machines—We know that many of our newspaper machines are eating your quarters. They are old. We don't have money to buy new ones. We are doing the best we can to fix them. You can save yourself this aggravation by sending us \$5 and we can send the Post right to your house or you can buy it at one of the many stores around town that sell the paper (see page 2). Or you can send us money to buy new machines.

task force stated that although conclusive data regarding the long-term effects of yoyo dieting are lacking, "obese individuals should not allow concerns about hazards of weight cycling to deter them" from weight loss efforts. Not surprisingly, the media picked up this story during holiday season, when diet shilling was at its peak.

To put all of this in perspective, NIH has a very mixed record when it comes to the health of fat Americans. It has, for instance, steadfastly refused to criticize weight loss surgery, despite a depressing litany of longterm physical complications and fatalities that have become linked with the process. They've maintains an incestuous relationship with the weight loss industry and been passively hostile to the size acceptance movement. NIH's newest report is only the newest volley in the ever more virulent diet wars.

But Where Does That Leave Us FAs?

Fat admirers (the 90's straight answer to chubby chasers) may have a grim future ahead now that scientists at Laval University in Quebec have reportedly started isolating the fat genes. A researcher has identified 10 to 12 genes related to body fat content or to the body's response to overeating. Though this is only scratching the surface of our understanding of the genetic roots of body size, it has typically been broadcast as one more shining hope for all you unhappy fat folk. Me, I get these visions of a hideous sci-fi dystopia—a world population of genetically created Susan Powters!

And On A Positive Note

I've been remiss in not plugging a neat small-press addition to the size acceptance movement: Marilyn Wann's *Fat! So?*, a 28-page collection of fiction, fotos, interviews, essays, feminist ranting and Venus of Willendorf paper dolls. Wann's zine is unapologetically confrontatory and San Franciscan: it's already shown up in *Utne Reader* (a badge of lefty hipness) and even cooler, has managed to unearth new wave chanteuse Deborah Iyall (of Romeo Void fame) for both contributions and an interview. For a copy of this zine, send \$3.50 to *Fat! So?*, PO Box 423464, San Francisco, CA 94142. It'll beat blowing your money on *Food*.

--Bill S.

Men Seeking Women


SEATTLE CARTOONIST

SWM, 47, Seattle resident. Anarcho-left. Cartoonist. Ship-yard worker. Proletariat. Seeks progressive Asian American woman for correspondence; possible ltr. #SC3495

Need a date?

Looking for love in all the wrong places? You're the one that I (don't) want? I will always love yooooooooooooo? (not).

As always, the *Post* comes through for our beloved (yet dateless) readers. Our service "Love (Post) Amerikan Style" may be just what you're looking for. So c'mon, don't be coy, Roy, and and take a chance on it, but be careful and don't go breakin' any hearts.♥♥♥



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23.....24.....25.....

THE DETAILS

___ JUST FRIENDS
___ WOMEN SEEKING MEN
___ MEN SEEKING WOMEN
___ WOMEN SEEKING WOMEN
___ MEN SEEKING MEN
___ OTHER

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2. THE POST ASSIGNS A MAIL MATCHBOX NUMBER TO YOUR AD AND FORWARDS REPLIES TO YOU ONCE A WEEK. (OR DEPENDING ON VOLUME RECEIVED).

3. MAIL MATCHES ARE INTENDED FOR INDIVIDUALS. NO DATING SERVICES, SINGLES CLUBS, OR BUSINESSES MAY BUY THEM.

4. NO LAST NAMES, ADDRESSES, OR PHONE #'S ARE ALLOWED IN YOUR AD COPY. WE WILL NOT PRINT ADS WE FIND TO BE IN POOR TASTE.

ALL RESPONSES WILL REMAIN CONFIDENTIAL



Dear Ms. Hippie

Dear Ms. Hippie,

While I have never been fond of facial hair, I refrained from making any attempt to influence my boyfriend in order to get him to shave his full and shaggy "I grow it in the winter to keep warm" fur. After all, I would resent any effort to make me shave my leg, armpit, or pubic hair. However, I was recently shocked to find that my mate had shaved off his beard and moustache, (months earlier than the anticipated "in February, when it's warmer" shaving date), but left behind a long goatee. A goatee. Ms Hippie, I despise goatees!

"How remarkable," I thought to myself, (and may, in fact, have repeated to a few select friends), "that someone so strikingly good looking can make himself look so absolutely ridiculous if he works at it hard enough!"



I know it's only facial fur, Ms. Hippie, and I still love him, but now he looks just like all the other trendy little hippie-boys in town who are sporting trendy little "I read a lot of Jack Kerouac" goatees this season. My boyfriend assures me that I will learn to love it. He tells me to just pull on it and call him my billy goat. He says if I don't get used to it, that's OK because he will shave it off in June. June. Ms. Hippie, it's still December!

I know I am being unreasonable; looks aren't important. But I can't stand it! I don't want my wild, beautiful, beastly boyfriend to look like a trendy little hippie-boy, a tame slave to fashion! I know I am wrong to feel so strongly about this, and it probably means I'm a bad person. Please help me to see the light.

Signed,

Gag Me With a Goatee in Reno

Dear Gagged in Reno,

Ms. Hippie finds that sometimes when a man is romantically involved with a woman of superior verbal agility, certain problems occur. That you, indeed, are one such woman is clearly evidenced by your more-than-passable punctuation in some heavily embedded sentences (though no comma is needed directly before a parenthetical remark). Your tone, too, gives you away as a woman who can express her feelings, in particular her impatience, with no small amount of force, wit, and style.

Though these are excellent and highly amusing qualities in a woman, the male counterpart frequently must express himself in areas other than verbal, just to be playing on an even field.



Your partner's obnoxious goatee is very likely just this type of expression. The quite literal in-your-face nature of his communication leaves little doubt about its content. The poor guy is probably trying to say, in his primitive way, that even though you can talk him into the ground, you cannot control him. You cannot even keep him from imitating the style of those you abhor. And you can't. And you may not even want to.

It's small comfort, but consider the other even less desirable ways men have of getting these messages across, like making fart noises with their armpits, withholding sex, or—imagine!—both. A silly goatee pales in comparison, don't you think?

Not Good Enough

The December 14, 1994 issue of *The Community News* reported that Pass Pets in Eastland Mall was "trying to make a difference in the overpopulation of kittens and puppies." The store accepts "mixed breed" litters (one of each a week). They provide the needed medical attention, including spaying and neutering. The animals are then sold at the store—kittens for \$99, puppies \$150.

This gesture doesn't come close to making a difference in pet overpopulation, especially when you consider the role pet stores play in this problem. Even though there are millions of homeless animals in shelters, people choose to buy a specific breed of animal. Pet stores and breeders, of course, help to supply them. The birth of these animals means that many of the animals in shelters will not find a home and will be killed.

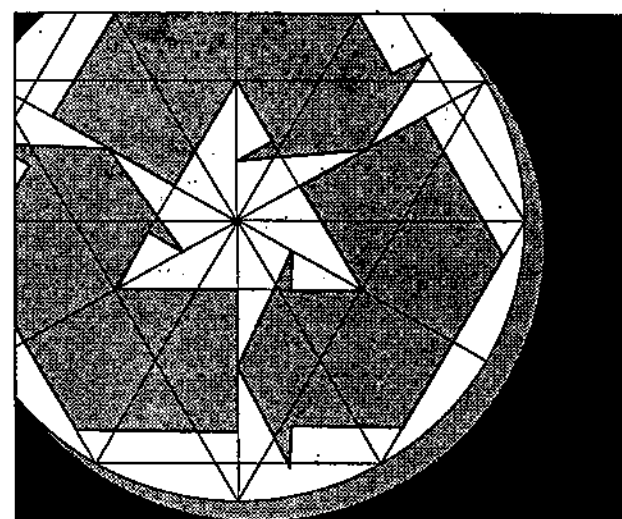
As you read this paper at least 1000 kittens and puppies will be born. 800 of these animals will die on the streets or be killed in shelters because there are not enough homes available.

People need to stop purchasing "pure bred" animals from Pass Pets and other pet stores and breeders. If you want to share your life with an animal, call your local humane society, go to your local animal shelter, take in the stray living in your neighborhood. And by all means neuter or spay your animal. Then we'll begin to see a difference in pet overpopulation.

--SF

If you see something in print that makes you think "Not Good Enough," send a copy to the Post Amerikan at PO Box 3452, Bloomington< IL, 61702.

HUMANS
Aren't the only species on Earth...
We just act like it.



**OPERATION
RECYCLE**

WE RECYCLE:
Container Glass
Beverage Cans
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Plastic Milk Jugs
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Cardboard and more

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not-for-profit community
recycling center

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▪ DROP OFFS
▪ RECYCLE DRIVES



Animal Magnetism



Vegan Beer

Did you know that the beer you are drinking may contain ingredients that come from animals? Some companies use pepsin from pigs' stomachs to make foam or isinglass (fishes' bladders) to "clear" beer.

However, all German beers are vegan. Bavarian purity laws limit them to four ingredients only: water, grain, hops and yeast.

The following companies have assured PETA in writing that all their various beers are made without animal-derived ingredients, additives, or processing agents:

Anderson Valley
 Anheuser-Busch
 Barley's
 Beach
 Beck's
 Big Dog's
 Hospitality Group
 Blue Ridge
 Brick
 Carlsberg-Tetley
 Columbus
 Coors
 Courage
 Dallas County
 Dempsey's
 Deschutes
 Dock Street
 Dubuque
 Eddie McStiff's
 Fremont
 Fullers
 Golden Pacific
 Grant's Yakima
 (but Grant's Apple
 Honey Ale uses Honey)
 Greene King
 Grolsch
 G. Heileman
 Irons
 James Page
 Jones Street
 Lakefront
 Latrobe(Rolling Rock)
 Les Brasseurs du Nord
 Lost Coast
 Mad River
 Manhattan Beach
 Masters Brewpub & Brassiere
 Miller
 Miracle
 Nelson
 Nevada City
 North Coast
 Nouveaux Brasseurs-Bar L'Inox
 Odell
 Onalaska
 Oranjeboom
 Otter Creek
 Otto Brothers'
 Pacific Hop Exchange
 Pennsylvania
 Pete's
 Pyramid Ales
 Ragtime Tavern
 Rainier
 Richbrau
 Roslyn
 Samuel Smith
 San Andreas
 Scottish & Newcastle

Shan Sui
 Sharkey's
 Shepherd Neame
 Sierra Nevada
 Silo
 Sleeman
 Sonoma (Dempsey's)
 Spinnaker's Brewpub
 Sprecher
 Star
 Steelhead
 Table Rock
 Telluride
 Thames Valley
 Treaty Grounds
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Getting Involved: Backyard Dogs

Do you know of a "backyard dog" who is outside morning, noon and night? You've seen them-- dogs chained to a tree in a dirt patch worn away from countless hours, days, years of struggling for just one more foot of rope. Or the ones who leap at the fence and bark excitedly as you walk by, their eyes begging, "Please, please notice me."

Through frightening thunderstorms, suffocating heat and bitter cold, frustrated, lonely backyard dogs spend their lives in "solitary confinement." They can suffer terribly during summer heat waves or when winter temperatures drop. Often they go without vital medical care. Whether "guard" dogs of forgotten "pets," they ache for friendship and warmth.



Here's how you can help:

--Whether you talk to them in person, send an anonymous letter, or contact the humane society, let owners of neglected dogs know exactly what needs to be done. Although it may seem unlikely that simply pointing out the neglect will be enough to remedy it, sometimes that's all it takes. [Yeah, right (typist's note)]

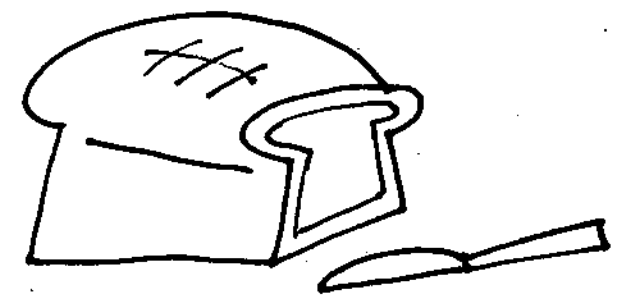
--Be persistent! Call the humane society as often as needed to report violations and get action. (You can request anonymity). [Be aware that if the dog has food, water, shelter and proper medical care that there may be little that the humane society can do (that pesky typist again)]

--Offer to take a "forgotten" dog for walks [and keep on walking (not PETA's idea)], and visit them regularly. Fix a running line and/or swivel. Make sure the dog can't get tangled up and that his or her water is accessible and in a container that can't be knocked over. Your kindness means the world.

--"Complain" about barking dogs. A barking dog is often a lonely, neglected dog. [Be careful that your complaint does not cause the dog to be beaten or taken to the animal shelter (typist again)].

--Keep a diary; record dates and times the dog goes without food, water, and/or shelter. (Videotaped or photographed evidence is invaluable).

Easy Beer Bread



3 cups self-rising flour
 3Tbs. sugar
 1/4 tsp. salt
 1 1/2 cups warm vegan beer

Preheat oven to 350 degrees F. In a large mixing bowl, combine flour, sugar and salt. Mix well. Add beer and mix until blended. Pour into a well-greased 8 1/2 x 4 1/2 loaf pan and bake for 50 minutes, or until a toothpick inserted comes out clean. Turn the bread out of the pan onto a rack and cool.

Source: PETA's Animal Times
January/February 1995



Dioxin and Animal Testing

Last September the Environmental Protection Agency (EPA) released for reassessment both the rough draft of "Exposure to Dioxin and Related Compounds" and its evidence for human health risks associated with those chemicals. Together these two documents comprise more than 2,000 pages of detailed scientific information. They are also one of the best documented examples of the failure of our regulatory agencies to adequately develop and utilize human in vivo (clinical and epidemiological) and in vitro methods and why animal-based toxicity and safety testing do not work.

The negative health effects of some types of dioxins have been known for decades, with many of the worst offenders already banned. They are among the most studied of all organic compounds found in the environment. In 1985 and 1988, the EPA conducted assessments of dioxin-associated human health risks, and the conclusions did not please dioxin-related production and utilization industries. In 1991, the EPA announced another reassessment of those health risks that would incorporate a larger body of scientific knowledge of biological, human health and environmental evidence. More than 100 individual scientists worked on the current report, which reaches essentially the same conclusions, as its predecessor - dioxins are dangerous to our health and the well-being of the planet.

Dioxins are found world-wide, in all possible materials including air, soil, water, sediment, fish and shellfish, and agricultural products. They, and related chemicals, are extremely persistent, accumulating in both the environment and biological tissues, especially those of animals. The major source of human exposure (90%) is through our diet, with foods from animal origins (meat and dairy) being the predominant ones. The net result of all of this is a widespread, low-level exposure of the entire population of the United States.

Although minute amounts of dioxin are produced naturally (e.g., in forest fires), the current problem is a direct result of human industrial activity, past and present. Modern human body tissues have 50 times more dioxin than ancient samples examined in museums. Rural people have significantly smaller amounts of dioxin in their bodies than inhabitants of industrialized areas. Examination of dated sediment cores from lakes shows an increase in dioxin concentrations directly proportionate to the post-1940 increased activity of the chlorine industries, and museum collections of soil and vegetation samples have a similar pattern. From 1920 to 1940 the level of exposure was relatively constant. This increased ten-fold from 1940 to 1970, corresponding with the greatest uses of chlorine by industry.

Human-associated production of dioxins has significantly decreased since 1970, in large part due to tighter controls on municipal waste incineration, banning of the most dangerous pesticides and herbicides, the switch to unleaded gasoline and the use of catalytic converters in automobiles. However, due to its persistence, there is still human exposure due to recycling of already released dioxins.

More than 95% of all dioxin emissions come from combustion and incineration activities. These include the burning of medical wastes (number one problem, with more than 6,000 facilities in the U.S.), municipal solid waste

(number 2), hazardous waste and sewage sludge. Additional contributions come from smelting of metallic ores and scrap metal recycling furnaces, cement kilns and the burning of coal, wood, petroleum products and used tires. Less significant sources include the chlorination of paper and wood pulp, storm runoff and the production of chlorine and chlorinated compounds in the chemical industries.

The current EPA documents on the risks associated with dioxins provide excellent coverage of how we become exposed and what needs to be done about those situations. However, the EPA specifically and the toxicology community in general, have not provided an appropriate approach to determining the risk to our health and safety. Some industrial and fishing workers are particularly at risk, however, a major segment of our population in danger from dioxins is nursing infants, who receive concentrated doses from their mothers.

Unfortunately, as expected, the documents contain extensive discussions, tables, charts and graphs based on animal toxicity tests. Despite considerable space devoted to the human-based epidemiological and toxicity data, it is clear that these latter sources of information were never adequately conducted and are in serious need of expansion. The EPA summary of the animal data does provide interesting contradictions.

They note that the range of lethal responses for animals used in acute tests is (for example), "extensive," "dramatic" and "enormous" both inter- and intraspecifically, as well as with regard to sex, age and route of administration used in each case. Species used for these studies included rabbits, hamsters, mice, rats, monkeys, chickens, minks and guinea pigs. Between

species, the range of lethal dose response varies more than 300-fold variation. Such extreme variability was found in nearly all of the response studies.

The human-based data, however, provides good evidence of severe skin reactions, increased risk of diabetes and alterations in reproductive hormones. There is less convincing, but likely indications of problems associated with the kidneys, brain, lungs and liver. Since most of the human studies concentrated on males, the association of dioxins with female reproductive systems and breast cancer is not well-established. Despite all of the above, the EPA considers dioxins to be a probable human carcinogen.

Further, the EPA report acknowledges that the relevance of animal data to human risk assessment "may" be questionable and biased, and that there are "widespread" differences in the toxic responses of different species. Disregarding this, the EPA continues to use and promote the animal testing approach.

The current dioxin documents provide an excellent opportunity to lobby the EPA to decrease its reliance on outdated and inappropriate animal-based toxicity experiments and to begin placing more emphasis on available alternatives, including expansion of human epidemiological studies. The EPA claims that their final report will be "an up-to-date and thorough scientific assessment of dioxin that is at the cutting-edge of environmental toxicology." As long as they rely on animal testing, such a claim is hollow. Now is the time to switch to real cutting-edge approaches and methods.


Source: "The EPA, Dioxin and Animal Testing: Here We Go Again?" By John McArdle, Ph.D.

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Youth Services Controversy: Second Guessing in the System

The world of child welfare is an odd and often contradictory one. While few would disagree with the child welfare system's prime directive—to protect kids from abuse and neglect—there's a vast range of disagreement about what this means. Case in point: Youth Services of Mid-Illinois.

Those regular *Pantagraph* readers know the gist of the story. Local child care agency has a death in one of its foster homes; said event leads to extensive and prolonged scrutinization and second guessing. In the process, members of the Youth Services administration are accused of "covering up" and the Department of Children and Family Services, ever sensitive to the political dynamics, freezes referrals to the agency. Local cops seize the window of opportunity to slam the agency, being none too sympathetic to any agency that traffics in the kind of youth YS manages. Every small problem that the agency experiences suddenly becomes fodder for the local press. In the midst of all the brouhaha, the agency's director resigns.

For the past six months, YS has been walking on egg shells, and the situation doesn't seem to be letting up soon. It has been through a series of investigations by DCFS and its independent agency, the Inspector General (sounds like an old Danny Kaye movie!), plus a department contracted assessment by the Children's Home of Peoria. Workers at YS have begun to feel like Arlo Guthrie in "Alice's Restaurant"—probed, reprobated and all but disrobed. Still hanging over the agency's head: an investigation by the McLean County State's Attorney over whether YS staff violated the law by not reporting earlier allegations made against the foster parents of the child who died.

That last is a tricky one, and it indicates where child welfare law strikingly diverges from other laws. According to ANCRA (the Abused and Neglected Child Reporting Act), anyone who works with children who "has reasonable cause" to suspect that abuse or neglect has occurred is mandated to report that suspicion to the DCFS Hotline. To not do so is to be liable to prosecution.



At issue, though, is the phrase "reasonable cause." Though one might assume that the term "reasonable" implies a process of judgment (do I really believe that something bad may have occurred), police and DCFS personnel presently don't interpret it that way. The department's interpretation is that any whisper of an allegation, no matter how half-baked, needs to be phoned into their Hotline where trained professionals can separate the plausible from the crackpot. Faced with a bewildering number of poorly handled child welfare cases in the Chicago area, the department has chosen to err on the side of overprotection and against civil liberties.

Which is nothing new to anyone familiar with child welfare law. One of the places that hearsay testimony is regularly allowed, for example, is in dispositional hearings where the department gets its legal sanction to remove kids from their families. Slammed by a system that believes civil liberties are an inconvenience, Youth Services has been put in the unenviable position of defending itself from its own financial lifesource. Even though the Department itself would "unfound" any allegation made against the foster parents prior to the child's death, they continue to fault the agency for not reporting these unfindable allegations.

Add to this stew of conflicting agendas a reporter (Scott Richardson of *The Daily Pantagraph*) with his own issues with the agency. A onetime foster parent, Scott has been known to carry his own ax against those YS administrators featured most prominently in his stories. Stir in a Bloomington police officer (Detective Mike Fazzio), frustrated by his inability to bring his investigation of the child's death to court, inexplicably selected by the Inspector General's office to carry out its investigation of Youth Services. Said officer, incidentally, is the spouse of local DCFS child protection worker, which some observers believe has been the source of several leaks about Youth Service's investigation(s) to the *Pantagraph*.


It's messy, and it's depressing because in the midst of all the flap is an agency that has done and continues to do good work in the community.

At its peak, YS served over 150 children in group homes, foster care as well as independent living programs, according to the agency's own distributed reports. With referrals still frozen, that population has diminished significantly to the point where insiders wonder privately how much longer the agency can survive.

Talk to any of the workers at Youth Services, and few would argue that there wasn't room at the agency for improvement and restructuring. But if you want to see them get indignant, bring up the charges of "cover-up" that have been handled so freely in the paper and on the radio. Anybody familiar with the world of social services knows how inconceivable this is: there are just too many people talking to too many others to cover up anything.

Though the agency has been given a weighty list of recommendations for improvement by Peoria Children's Home and endeavored to restructure itself to meet those recommendations, DCFS has remained palpably unresponsive. It's almost as if department head Jess Mac Donald has taken the tack that if he ignores the whole thing long enough, it will go away. In the case of Youth Services—and the 140-plus people working for it—he could be right.

Denny Colt



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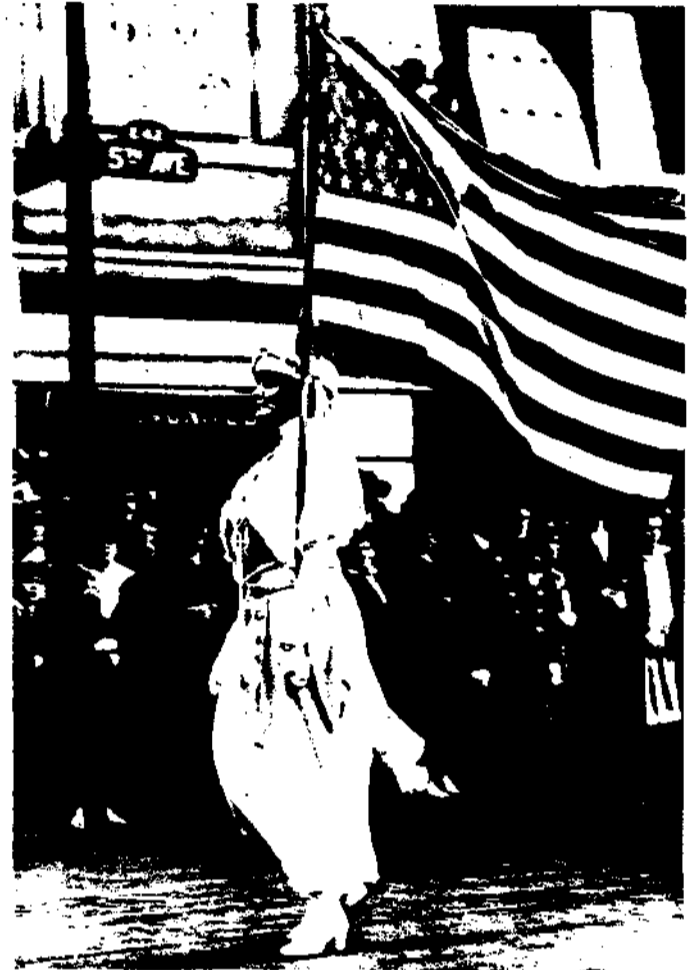
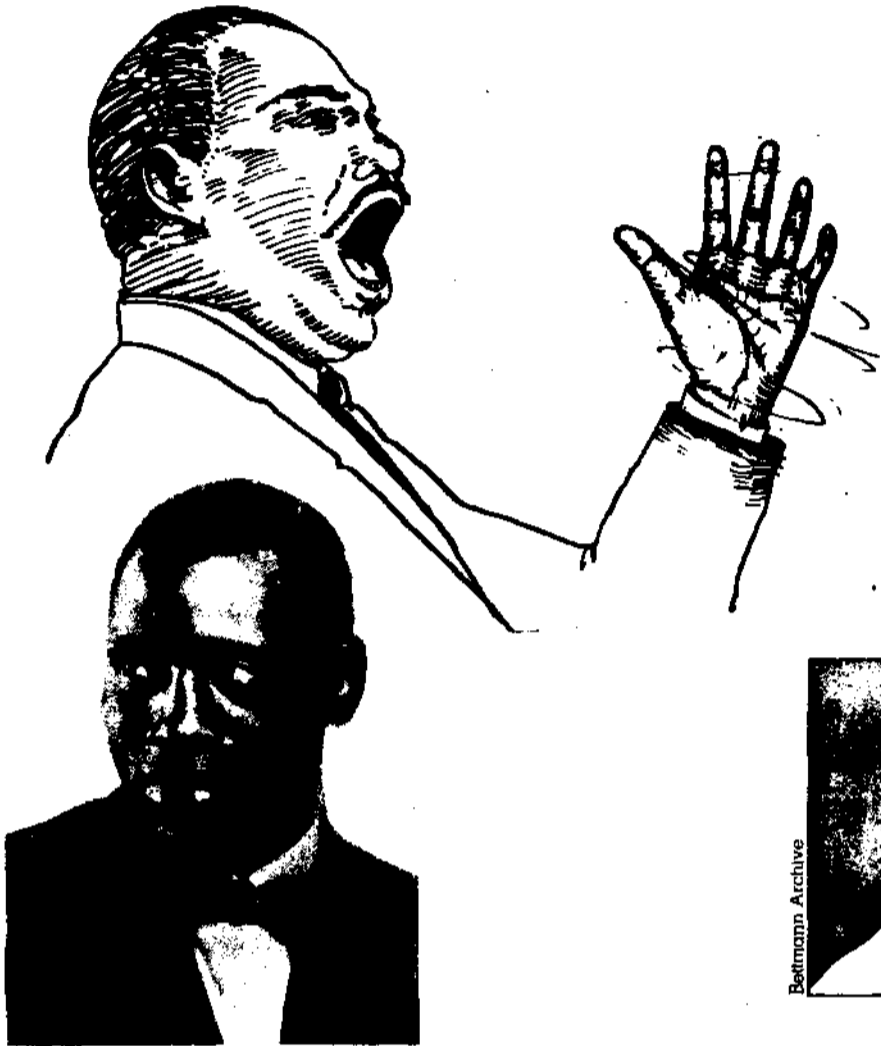
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SUPPLEMENT

Celebrating Black & Women's History Months



I BELIEVE THAT THERE WILL ULTIMATELY BE A CLASH BETWEEN THE OPPRESSED AND THOSE WHO DO THE OPPRESSING. I BELIEVE THAT THERE WILL BE A CLASH BETWEEN THOSE WHO WANT FREEDOM, JUSTICE AND EQUALITY FOR EVERYONE AND THOSE WHO WANT TO CONTINUE THE SYSTEM OF EXPLOITATION. I BELIEVE THAT THERE WILL BE THAT KIND OF CLASH, BUT I DON'T THINK IT WILL BE BASED ON THE COLOUR OF THE SKIN... Martin L.



Students Attend Motivational Conference

For the second consecutive year, the Illinois State University Black Awareness and Action Committees sent student delegates to the University of Cincinnati for the Black Man Think Tank. This year's tenth annual conference theme was, "Black Men: Let The Healing Begin", a look at how Black men's suffering has impacted Black women, Black children, and the Black community.

Powerful messages were emitted to the two thousand participants who attended from all over the United States. The purpose of the annual motivational conference is to promote self-pride, reestablish faith and participation in the community, encourage African-Americans to commit to the fruitfulness of their own existence, and energize a race that refused to die, despite past attempts of mental and physical annihilation.

Guest speakers included Dr. Therman Evans, founder of Whole Life Associates, Inc. and former vice-president and corporate medical director of the CIGNA Corporation; Dr. Jawanza Kunjufu, president of multimillion dollar communications company African American Images; Dr. Benjamin Chavis, former National Executive Director of the NAACP who increased the NAACP membership by recruiting over 200,000 young people; Dr. Na'im Akbar, former president of the National Association of Black Psychologists and currently one of the world's preeminent African-American psychologists now teaching at Florida State University; and Dr. Maulana Karenga, professor and chair of the Department of Black Studies at California State University, Long Beach and the renown creator of KWANZAA.

Focus of the speakers centered on nurturing the soul, and healing the Black man's body and mind. The two day conference was complimented by dancers performing ritual movements to African music, inspirational poetry, guest choirs, and a host of vendors. The conference has been a virtual ethnic marketplace for art, books, clothes, jewelry, and other African centered artifacts.

The Black Man Think Tank has become a milestone in lifting the spirits and expectations of Black men around the world. Participants are able to meet scholars who have made monumental contributions to the Black race, form relationships with brothers and sisters who share the same goals, and begin to build support systems for common concerns. Although mostly attended by students, elders are recognized as the foundation of the Black struggle and traditionally receive a standing ovation for their individual perseverance.

The Black Awareness and Action Committee delegates are students who have made a commitment to themselves and the Black community of students on ISU's campus. Students are already anticipating next year's Black Man Think Tank.

The Black Awareness and Action Committee is a student based organization supported by the Office of Residential Life to address the concerns and needs of African-Americans living in the residence halls.

--Latoria Carroll

Black History Month From a White Perspective

The month of February has arrived and signifies the beginning of Black History Month. A celebration of American History in which the players are African American. Having worked in the field of higher education the last seven years, I have had the privilege to be immersed in an atmosphere that claims to appreciate and respect multi-culturalism. Although at times this appreciation seems to be only "lip service", I still enjoy the freedom and support to openly celebrate Black History Month that a University atmosphere offers its faculty, staff, and students. It is an atmosphere that challenges us to think critically, to appreciate differences while searching for similarities, to learn of, and embrace others different from ourselves.

After a number of years in this environment I sometimes overlook that I am sheltered at times from the reality of the "outside world". I forget that many Americans do not know that Black History Month exists. I forget that many are aware, but for whatever reason choose not to celebrate the month. Finally, I must admit that I forget the hostility that some show in regards to the month, and their refusal to acknowledge the complete story of American History. It is this scenario that usually shocks me back into reality.

Why is it that in 1995 the majority of individuals, companies/departments, and many educational institutions I come in contact with still do not adequately acknowledge and celebrate Black History Month? Why is this?

The answer to that question is not easily found nor can it be simply stated. However, it is my feeling that since the days of slavery many of "us" (White America) have either fought tooth and nail against any "real" advancement, against any positive acknowledgement of African Americans, or have remained silent during the struggle for equality. There is a denial that the playing field if you will remains uneven, a denial that the deck is still stacked against African Americans. Whether it be history books, media, movies, folk tales, word of mouth, public or economic policy, the picture painted of and for African Americans in this country has been far from positive. Am I suggesting that African Americans have no role in their own destiny? Of Course not! But those who use the argument of "blaming the victim" never seem to search, or question beyond what "seems to be the obvious". Blaming the victim takes little skill and understanding, searching for the truth about our role in the creation and maintenance of an unjust system takes far more courage and strength.

I hope we all take some time out of our daily schedules during the month of February to find out what role our "forefathers" played in setting up the conditions we now play under. Find out the contributions of Black America in helping to build this country to its current state. Once we understand the past than we are prepared to build a better future. None of us can truly be "free", until we can embrace and celebrate the contributions of others. Celebrate Black History Month and begin to make a difference.

Michael Speros
Normal

Telling Our Stories: The B-N Black Community Speaks

Over seventy-five interviews with elderly Black residents of Bloomington-Normal, Illinois and their sons and daughters make up the heart of the community history resource that will soon be available in our local libraries and in the McLean County Historical Society. Sometimes these stories of growing up, courtship and marriage, work, discrimination, and home-building overlap and verify the official histories of this community, but their true value, I think, is that they bear witness to the strength of our town's Black community as people made decent lives for themselves and their families in the 20s, 30s, and 40s. These are the teaching-stories which bind together three and four generations. Collected on audio-tape by Professor Mildred Pratt of Illinois State University's Department of Social Work and others starting in the mid-1980s, these interviews inspired the formation of the Bloomington-Normal Black History Project, an affiliate of the McLean County Historical Society. The excerpts which follow remind us that for Bloomington-Normal's African-American community history lies not only in the large actions of the famous, but also in small acts of responsibility, resourcefulness, integrity, and good-humor by everyday people.

My Father's Fortune

I think the nicest thing that was said about me I can remember... Our old house had two areas of steps and we were sitting down on the sidewalk, and this was in the days when Gypsies came around. My dad was sitting down at the sidewalk end of the house, and I was just sort of standing on the sidewalk and leaning back, and he had his arms around me. And this Gypsy came along, and she said to him, 'Can I tell your fortune?' And he said, 'No daughter, I have my fortune in my arms.' I never forgot that. And when I begin to feel sorry for myself, I always think, 'My daddy said I was his fortune.'

Caribel Washington

Housing Discrimination

So when [my husband] decided he was going into the service [WW II], I wanted to live by myself. So we rode around and rode around and called around, and nobody would want to rent us. They would always tell us, 'I would rent it to you, but the neighbors would complain.' So we just rode around and found a little place.... So I went up and read the sign, and it was for rent. It had this address, so we went over there and my husband told him he was going into the war, but [the owner] would not permit any Negroes. My husband wasn't very kind to the man who had talked bad to him. [He] told him he wasn't going into service to protect men that were bad, and all he wanted was a place where we could live. So later the man went to one of the bus drivers and told him to have [my husband] come over. And when my husband went over, he rented the house to us. And that is where I was when he went into service.

Ruth Waddell



Race Hatred

Well now, my father coming from the South, many would think that he would plant within us a hatred because there were many things that he suffered in the South. He did not like it there. But he didn't. I don't ever remember my dad sitting us down and telling us bad things about any race. I don't remember my mom and dad doing that. And I knew that there were those things because he ran away [from the South].

But I remember very vividly the things that they told us. "Be all that you can be." "If you're gonna be a ditch-digger, be the best." "You gonna collect rags? Be the best rag collector that you can be. Be somebody. Do something." "The world doesn't owe you anything, you owe yourself something." And that's to do your very best. And they put that in us.

Barbara Waddell

Patriotism

I remember the war [WW II]. I remember my brothers in the service and I remember my mother knowing that these discriminations existed. But she was an American war mother. She worked at a drugstore. She couldn't eat there, but she worked there. She washed dishes, she cooked. But she did her community duty. She used to go out and blow the whistles and say, "Lights out!" You know those blackouts we used to have? My mom did them.

Barbara Waddell

Hiring Discrimination

Everyday, I had been calling [the company], you know, asking when I was going to get hired, and they would say, 'Well, we are not hiring.' And I would go out there, and I would see them running and hiding. I would ask for Mr. __, who was the personnel man. They would say, 'He is not here.' And I would just see him go hiding. So after Mary [a white friend] got hired and I had cried, I decided I was going to go out there and find out why they wouldn't hire me. One day I got my dandruff up, and I went out there and they told me that [the manager] wasn't in, and I had just seen him go through the office. And I was very angry. I snatched a chair and I told them, 'You may as well put Ruth Waddell's name on this chair because I am going to sit here until you hire me.' I pulled the chair out and sat on down. [The manager] came out and talked with me, and he told me, 'Well, you call me next week.'...I called for two whole weeks and never got an answer. So finally one day, I just went in there and I was really mad. I was burning mad, and I just had one fit after another, and said my piece, and came on home. He called me up and told me to come in that next day on a Friday, and he put me to work.

Ruth Waddell

Anything Except Negro

I was almost to the door and somebody said, 'Ms. Miller.' And I turned around and it was this woman... 'Come back.' So I went back. She said... In that day and age you put down the race. You don't do it anymore.... So she said, 'What race are you?' And me with my flip tongue I said, 'Anything you think I am.' And then I thought, here we go. And then she says, 'But you have put Negro on the application.... Well, you are not a pure Negro.' I said, 'I know that.' She says, 'Will you put down that you're Indian, Mexican, anything except Negro and I can hire you, but I cannot

hire you if you put Negro on here.' And I said, 'Well, I'm Negro,' and with that I got up and walked out, completely crushed because here was a job and God knows I needed it.

Learning About Sex in Marriage

So we got married.... I thought that he was going to stay with my Mom, with me, but no. He said, 'We are going to look around and find us a place where we can have privacy and everything.' But the funniest thing about me is you see, I had never been touched or nothing. But when he went and got in the bed and everything, I still sat up there. And when I thought he was sleep, I got up and put the light out, but he wasn't sleep. So he said, 'What did you do that for? Aren't you going to come to bed?' I said, 'Yeah, but I am not sleepy now.' So I sat up all night.

The first time he went back to work, I got my suitcase packed and I told the lady where we were renting, 'I am going home, but you don't have to tell him where I am at, because I am going home, I don't think that I want to be married.' She said, 'Well, you are married now honey.'

Cartheda Hosea

Swimming at Miller Park

We lived about six blocks from Miller Park and as a child [we] could not go in Miller Park Lake. So, of course mama decided that she was working and paying taxes and therefore her child should enjoy Miller Park Lake. So mama proceeded to take me. And of course they proceeded to come and tell mama to take me out of the wading pond. And we had a great big Irish policeman named Jack Penn. Everybody was scared to death of Jack Penn. I remember mama standing with her hands on her hips talking to a policeman, and I heard her say, 'Go get Jack Penn, I'm not afraid of Jack Penn.' So they might have threatened her with Jack Penn. However, I think I was probably at that time the only Negro that did go in Miller Park, because nobody else would come. They were afraid I guess to come and stand up to the police. Nobody ever took mama to jail, but she stood her ground. So whenever I wanted to go, mama took me to Miller Park.

Lucinda Posey

Defying the Social Codes

There was no place where you could go every night or every week and dance. I can remember once there was one of the prominent orchestras playing at what was Houghton's Lake—Bon-Go's Park I guess,....which is now State Farm Park. And we went out there one night because... we knew we couldn't dance... but we were just silly enough to go. So we went out there, and we asked if we could dance. He said, 'Yes, you can dance at the tune of a forty-five.' It was really funny. It was gutsy to do it. We really should not have done it because we knew we couldn't do it. But we weren't boisterous or militant at all about it. We just turned away and had the biggest laugh about it after. It was one of the jokes of the season, you know. We went to Bon-Go.

Caribel Washington

Pamela Muirhead
Bloomington/Normal
Black History Project

The Dream Is...

The dream is the belief that we are equal in every way. We see each other as individuals and not as a race or religion. We judge others according to our knowledge of their character and not a stereotype. This dream began struggling to become a reality with Martin Luther King Jr. in the 60's and the struggle continues in the 90's.

In the 60's, racism was blatant. You could see it through segregation and lynching. It was everywhere, until people took a stand to end it. Yet, racism as a whole did not end. Today, racial expressions are not obvious. Instead, they are beneath the surface, distorting the views of races. Many people do not realize that they express racism through their behavior. Generalizations distort and indirectly control peoples' views toward others.

As a black student in a predominately white school, the differences in behavior are distinct. My Wind Ensemble class was discussing the opera from which our music originated. A black opera singer performed the lead role. When our teacher asked the class her name, everyone immediately looked at me. To make matters worse my teacher said, "Chi-chi," as if I knew because I am black. In one of my Sunday school classes, my CCD teacher handed me a used stamp with a picture of a black woman on it. She said to me, "Here I thought you might want this." For some strange reason she thought that I would want the stamp because it featured a black woman. Of course I had no use for it and simply threw it away. Because of generalizations, people assume things about others that may not apply to that person. If we get to know people for who they are, there is no room for assumption.

If we want to achieve the dream, we have to make an effort to get to know people. By basing a person's character on a stereotype, your knowledge of them as a person becomes limited, if not warped. If you automatically judge and dismiss someone because of their race or religion, you could miss out on knowing someone worth your while. Until we actually interact with each other and forget generalizations, the struggle for making the dream a reality will continue.

Chinonye Nnakwe

Chi-chi is a senior at NCHS and a 1995 Martin Luther King Award winner

Black History Month Activities

February 5th
7:00pm & 10:00pm
Movie: *She's Gotta Have It*
Sponsored by Capen
Location: Normal Theatre

February 10th
7:30pm
Bev Smith presents "Our Voices" Talk Show
Sponsored by MECCPAC
Location: Bone Student Center Old Main Room

Continued



February 11th
6:00pm
11th Annual Black Heritage Ball
Sponsored by the Black Student Union
Location: Bone Student Center Ballroom

February 19th
7:00pm & 10:00pm
Movie: *To Sleep With Angels*
Sponsored by Capen
Location: Normal Theatre

February 21st
7:00pm
Speaker: **Joe Clark**
Sponsored by Forum
Location: Bone Student Center Ballroom

February 26th
7:30pm
Play: **Dead Eyes**
Presented by Synapse Productions
Sponsored by MECCPAC
Location: Bone Student Center Ballroom

Sponsored by Multi-Ethnic Cultural Co-Curricular Programming Advisory Committee (MECCPAC) & The Multicultural Center at Illinois State University.

Women's History: Promises to Keep

Fifteen years ago the National Women's History Project was founded to promote the inclusion of women and their accomplishments in the school curriculum. To further this goal, Women's History Month is celebrated each March by schools, businesses, and community organizations across the country. Women's History Month 1995 "Women's History: Promises to Keep," invites us to remember the women pioneers who opened trails for generations of women while at the same time reminds us of the promises we have yet to fulfill for future generations.

Once again, Illinois State University will sponsor, in-part, the Expanding Your Horizons Through Science and Mathematics Conference for girls in grades 6 through 10, their parents, and teachers. Scheduled for Saturday, March 4, the conference gives girls the opportunity to participate in workshops which allow them to explore the role math and science will play in their futures and encourages participants to actively pursue the aforementioned fields. For more information on the conference or for registration materials call Dr. Carol Benson, Conference Chairperson at 438-3012.

Nineteen ninety-five marks the seventy-fifth anniversary of the Nineteenth Amendment to the Constitution of the United States which granted women suffrage. To commemorate this milestone an exhibit which highlights the significant players in the fight for suffrage will be displayed in Milner Library throughout the month of March.

A second exhibit, "Ritual and Sacrifice at Tailhook '91: A Documentary," will be displayed in the University Center for Learning Assistance, Stevenson Hall 401. Conceived by Frances Pohl, an Art History professor at Pomona College in California, the exhibit was first displayed in San Diego in 1993 to mark the second anniversary of the events that occurred during the 1991 Tailhook Convention at the Las Vegas Hilton. The controversial exhibit intersperses excerpts from

the investigative report of the Deputy Inspector General of the United States Department of Defense with several physical re-creations of events that took place at the convention: the broken glass, the urine-stained carpeting, the "Women Are Property" T-Shirts, and the rhinoceros mural/drink dispenser. The exhibit will run from March 22-March 31.

The work of three women will be amongst those highlighted in a show at the University Art Galleries, Center for the Visual Arts, Room 110. The 3-D exhibit entitled "Residue," showcases the work of artists Laurie Palmer, Lauren Szold, and Eve Andrée Laramée as well as the work of Tom Denlinger. The show runs from March 7-April 9. For more information contact Deborah Risberg at 438-5487.

The Clothesline Project will also be displayed during Women's History Month. A project of Illinois State University's Women's Coalition, the Clothesline Project, like the AIDS Memorial Quilt, symbolically places a human face in front of the statistics. To reach this goal, shirts with graphic messages and illustrations designed by survivors of violence or by friends and/or families of survivors are displayed on a clothesline and represent women who have died from violence, who have been raped or sexually assaulted, battered, sexually abused as a child, or attacked because of their sexual orientation. Shirt making sessions will be held every Wednesday through March at the The Women's Center, 604 S. Main, Normal. Volunteers from the Rape Crisis Center will attend each session. The sessions are open to anyone who would like to make a shirts. For more information call 438-2947.

The play "The F Word: A Fresh & Funny Look at Feminism," will be performed by the Sleeveless Theatre at the Bone Student Center Ballroom on Monday, March 20 at 8:00pm. According to the four-woman company, "The F Word" is a "vaudevillian-style examination of feminism in America against the backdrop of women's history." The comedic performance includes a cucumber as a prop (!?) and skits such as "The Adventures of Feminists Undercover," which finds "L.I.B.s--Ladies in Back Alleys" secretly exchanging copies of MS. in dark alleys. Other skits include "The Wizard of Oz, Take Two" in which "I'm not a feminist, but..." Dorothy must follow "the feminist path to meet the women who struggled for the rights she enjoys." Along the way Dorothy meets Gloria, the Good Witch of the Left and must battle Phyllis, the Wicked Witch of the Right. The play is sure to cure anyone suffering from the "Backlash Blues."

For further information on additional activities scheduled during Women's History Month contact the Women's Studies Office at 438-2947. Let us know if your organization is in any way observing Women's History Month so the activities can be included on our calendar of events.

--Kim Martin

Honoring My Grandma

In honor of women's history month, I felt that I should honor an important woman that has had a tremendous influence on my life - my grandma.

My grandma had a huge role in raising me. One of the main reasons was that she was so accessible to me. (She conveniently lived next door). My grandma embodied everything I thought, even as a young child, a woman should be. Among many things, she was strongwilled, hardworking and not afraid to speak her mind, believe you me. But at the same time, she was goodhearted, comforting and extremely loyal to her family and friends. Always there when you needed her. And she still is.



grandma "7/26 1930"

My grandma, if she's in the mood, will talk your ear off about her early childhood in the "old country" (Czechoslovakia); the armed German soldiers on her family's rooftop; how she got a dent in her head while playing "snake"; and her long voyage on "the boat" to America. (She was 12 at the time and still remembers an Italian rhyme, but don't ask her what it means - she doesn't know)! She will also tell you about how her family settled in the old "Pilsen" neighborhood in Chicago, where she received little formal schooling, and where she held many low-wage, menial and physical jobs. Jobs she would hold for the rest of her working days. She will tell you how she met my grandpa, and how they got married and moved to a small town south of Chicago during the early '30's to start a new life. Money was scarce, she will add, but somehow they managed, and raised two children at the same time. To say she's had an easy life would be far from the truth. But I bet if you asked her, she wouldn't want to trade it for anything.

Currently, my grandma is a healthy and quite active 86 years old, and she's just as feisty and independent as ever. She loves to go on "the boat" (gambling, that is) and enjoys bowling, playing cards and bingo. She continues to be the matriarch of our family; she is the glue that holds us together.



I believe the best way to honor someone is to remember them - and all they've given, and to somehow instill those qualities in yourself and pass them along to others. Here are a few memories of my grandma that I will forever cherish.

- Taking me, my two sisters, and cousin to see the "Blues Brothers" (we sat through it twice!) when no one else would.
- Her homemade chicken noodle soup and tapioca pudding was an instant cure for that miserable cold or flu.
- Teaching me how to play pool when I was five. (Hey, don't scratch the top!)
- Trips to Chicago for bakery and funerals of old friends, and other things.
- Spending a special day alone with my official "town tax collector" grandma, (I was so proud of her!) while the rest of my family went to that stupid new place called "the mall."
- Picking blueberries, picking grapes, and picking up twigs in her yard.
- Running proudly to her house after that monumental first day of kindergarten.
- Laying on our backs and imagining pictures in the clouds.
- Saturday night (a weekly ritual) sleepovers with my sisters and cousin and waking up to blueberry and potato pancakes first thing in the morning.
- Lending a helping hand (or car ride) or whatever else, for those who needed it.

and last, but certainly not least...

- The best damn Bohemian bakery (and dumplings!) this side of Berwyn.

Sometimes I wish my grandma lived right next door to me today, so I could "stop by" whenever I wanted or needed to, or didn't need to, for that matter. I miss the special times we frequently shared. But more and more, I regret all the missed opportunities we've never shared since I've moved away, to be able to relate to each other as adults, and to seek her wisdom and secrets of life. Or, just to play cards and watch "Matlock" maybe.

My grandma instilled in me by example, certain morals. If I adhere to them, I know I will be a success as a human being. Maybe, if I'm lucky, I'll grow up to be just like her!

thank you, grandma!
towanda! byrd xoxo.

Did Beethoven Do the Dishes? (Mastering the Muse: A Duty to Ourselves)

Let's see, books back to the library, cash check, laundry, pick up dry cleaning, fix shoe...another list! A running commentary commemorating yet another one of my unfinished manuscripts of life. I have hundreds of thousands of these lists buried in the bottom of my purse, shoved in the glove compartment, jammed into coat pockets. I don't even need to read them anymore, I know what they say. Worse yet, I know what they mean.

They are a living testimonial to all the times I've let the mundane rituals of everyday living take precedence over my own creativity as a writer, when mopping the floor seemed more important than writing the novel.

It happens all too often and now my spirit won't rest until I find out why writing seems to take a back seat to dust bunnies under the bed.

Is housework so important? Or, is it just easier to deal with something tangible (i.e., a clean floor) rather than something as esoteric as a poem. It leads me to wonder, have great artists past and present had to do their chores? I mean, did Beethoven do the dishes? Did Tolstoy sweep the floor?

I figure that they didn't have much to do outside of being geniuses. I can't quite picture Einstein taking out the garbage or Marie Curie doing her nails.

Then why am I stuck here, an adult with a reasonable amount of talent, trying to decide whether to do the laundry or clean out the kitty litter? I'd love to say that men don't have this problem and while I feel there is some truth to this statement, what then about the Isak Dinesons and Alice Walkers of the world? Obviously cleaning out the kitty litter was not at the top of their list of priorities and what a loss to the world if it had been.

No, these women honored and nurtured their own creativity. We are truly the first generation of women to be allowed this honor. But how many of us cut off the part of us that is creative or fall prey to a string of rationalizations. (Personally, I can't write either, unless all the shoes in my closet are perfectly aligned with the thirty-ninth parallel.) When we do rationalize, aren't we

cheating not only ourselves, but the world of what we have to say and give? All for a few quick trips to the Safeway? Not only that, but there may come a day when we wake up much older, no wiser, and not one genuine piece of writing to show for it. Well, maybe when we retire, huh? After all, look at Grandma Moses.



So, what does all this boil down to? Priorities and faith in the fact that what we're doing is important as men, women, artists, writers, creators. But, yes, especially women, since creativity and nurturing are what we are all about. We need to recognize "the muse" and honor her by disciplining ourselves enough to "not do the dishes" or give into guilt, use excuses and quell those urges for a balanced checkbook and rinse cycle softeners.

My mother has a needlepoint adage in her kitchen that reads: "A clean house is the sign of a sick and demented woman." Laugh all we might at this, when we don't honor what we are, aren't we in some ways sick and demented.

The other evening, a friend of mine and I were discussing all of the above, giving pros and cons over a half empty bottle of wine, when she said that she thought women never seemed to go out on a limb artistically. I thought about that for a moment and replied, "No, we don't, we've been too busy raking up the leaves."

So today I promised myself two hours of blessed solitude and quality writing time. I may not create a masterpiece but at least I'm opening the door to whatever happens. I'll just sit here and wait for inspiration...Yes sir...I'll just wait...

Move over Beethoven, make some room for the rest of us. Is that a cobweb under the desk?

--Marita Brake

Rape Crisis Center

of McLean County

We're a non-profit volunteer group whose main purpose is to offer assistance and support to victims of sexual assault and their friends and families.

Female and male volunteers answer your calls and are available for crisis assistance, information and speaking engagements. You may request to speak only with female volunteers.

If you want to talk to one of us
Call PATH 827-4005
 and ask for the
RAPE CRISIS CENTER



Gay, Lesbian and Bisexual Issues

**NATIONAL
NGLTF
GAY & LESBIAN
TASK FORCE
POLICY INSTITUTE**

ACTIVIST ALERT

Name change for GALA; Upcoming activities

The Gay and Lesbian Alliance at ISU will be undergoing a name change this spring in order to include bisexuals in the title.

The club changed its name to the Gay and Lesbian Alliance from the Gay People's Alliance because lesbians wanted to be included, and now bisexuals want the same recognition.

In addition to the name change, GALA is busy planning activities for this semester, with the biggest event being the annual gay, lesbian and bisexual awareness week.

Among the activities being scheduled are: "Gay-Straight Rap" which is a speakers'-bureau type meeting where students from campus can ask questions and talk to gays, lesbians; an informational session on gay, lesbian and bisexual literature in cooperation with Barnes & Noble; a presentation on the Stonewal riots, by Kyle Courtaway; and an informational session

on homophobia in the context of the popular MTV show "Beavis and Butthead," by ISU English professor William McBride.

More information about the above activities can be obtained by contacting the Gay and Lesbian Alliance office. (see page 2 - Good Numbers)

Source; *Daily Vidette*

All eyes on the 104th

Promising to revolutionize American government, Republicans opened the doors of the Capitol building to a new House of Representatives and Senate both dominated by the Republican party for the first time in 40 years. Stepping up to the rostrum for the first time on the morning of January 3rd, new Speaker of the House Newt Gingrich touted his Contract With America. Previous statements by Gingrich, including that "it is madness to pretend that families are anything other than heterosexual couples," make it clear that his Contract with America is intended to support only some Americans. Gay, lesbian and bisexual people have learned to read between the lines of proposed Contract policies like "The Family Reinforcement Act." and might consider renaming the Republican Contract a "Contract On America."

What concerns most progressive activists is not the takeover of the House and Senate by the Republican party per se, but rather the dominance of an ultra-conservative faction of Senators and Representatives. According to a recent report by the Christian Coalition, a full 44 of the 62 new Republican members of the House conformed to its "pro-family, pro-life" agenda. Also alarming are the number of familiar faces now chairing powerful committees who have a long-standing tradition of opposing gay-positive legislation. Chief among them is Jesse Helms, the homophobic North Carolina senator, who will now head the Senate Foreign Relations Committee.

Activists can expect to spend the bulk of their energies throughout the 104th Congress fighting off anti-gay legislation and funding cuts. Many previously defeated Radical Right initiatives may find a second wind in the 104th session. Anti-gay amendments may appear in legislation on topics ranging from government personnel policies to milk subsidies. Funding may be challenged for the Ryan White CARE Act and other AIDS research and service appropriations, the National Endowment of the Arts for its funding of gay positive art, and for schools teaching tolerance and acceptance of all students, including gay and lesbian youth. Unfortunately, pro-active efforts, including movement of pro-gay federal legislation such as the Employment Non-Discrimination Act, seem

unlikely in such a politically conservative and hostile environment. In addition, attacks on abortion rights, social security insurance, health care, and new immigrants all appear likely.

Activists from all corners of the country will need to keep up on the new hostile Congress by lobbying their senators and representatives regularly if the voices of gay, lesbian, and bisexual people are to be heard on Capitol Hill.

ACTION: NGLTF offers several resources to assist you in lobbying the federal government. To learn more about writing, calling, and visiting your senators and representatives, request Lobbying Tips (\$1) from the NGLTF publication request line. Call (202) 332-6483 ext. 3327. If you spend time on the Internet during business hours, you can receive urgent legislative action alerts from NGLTF as news breaks on Capitol Hill. Write to: babnglft@aol.com and type "subscribe legislative action alert" in the subject heading. Be sure to include your name address and telephone number in the message.



The New(t) Congress

Ultra-conservative members of the new Republican Congress promise to create a myriad of problems for all progressive communities including gays, lesbians, and bisexuals. Based on recent comments by Speaker of the House Newt Gingrich, who claims homosexuality should not be condemned while simultaneously likening homosexuality to alcoholism, it appears that many new and old faces in Congress need an education on the real world experience of gay men, lesbians and bisexuals.

ACTION: Direct comments to Newt Gingrich and your senators and representative. Write: U.S. House of Representatives, Washington, DC 20515 and the U.S. Senate, Washington, D.C, 20510 - call the Capitol Switchboard at (202) 224-3121. Or contact Congress through the toll-free number sponsored by the Traditional Values Coalition, a radical right group directed by homophobe Rev. Lou Sheldon. Created to encourage TVC members to swamp congress with anti-gay comments, the number is freely accessible to pro-gay activists as well. Call 1-800-768-2221.

Right Attacks Pro-Gay Co.s


Not satisfied with recent election results, the American Family Association (AFA), an ultra-

the *Bistro*

**TUESDAY - \$1 DOMESTIC BEER
WEDNESDAY - \$1 CALL DRINKS
DJ - WED - SUNDAY**

**HOURS:
MON-THUR 4PM-1AM / FRIDAY 4PM-2AM
SATURDAY 8PM-2AM / SUNDAY 6PM-1AM**

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homophobic media watchdog group, has now turned its sights on businesses and media sympathetic to gay and lesbian civil rights. AFA has been extremely vocal and diligent in its attacks on AT&T's pro-gay company policies, public education and community involvement including the company's sponsorship of the Gay Games 1994. The AFA encourages members and supporters to switch to Lifeline, a long distance carrier that pledges to donate 10% of its billing to groups opposing abortion and gay and lesbian civil rights. In addition, citing the "awesome power...of the homosexual community in Hollywood," in its November activist newsletter, the AFA recently launched a postcard campaign threatening a boycott of companies that sponsor television shows even mentioning homosexuality. These companies must be encouraged to publicly reject Radical Right pressure.

ACTION: Show your support for AT&T's pro-gay policies, contact CERC, 295 North Maple Ave. Basking Ridge, NJ, 07920. Encourage AFA targets to resist current pressure, contact: Michael Miles, Philip Morris Co., 120 Park Ave., NY, NY, 10017, Michael Quintan, McDonald's Corp., 1 Kroc Drive, Oak Brook, IL, 60521 or (708) 575-3000 and Alexander Trotman, Ford Motor Co., P.O. Box 1899, Dearborn, MI, 48121. Finally, take a pro-active step at your workplace, contact the Safe Place Program (407) 662-3515 to find out how your employer can better serve its gay, lesbian and bisexual employees.

Get Out and Stay Out

The book appeared closed when Atlanta Committee for the Olympic Games (ACOG) announced July 29 that it would move the 1996 Olympic volleyball games from Cobb County, Georgia. ACOG made the decision after pressure from activists upset by the county's anti-gay resolution. It is now clear that volleyball was only one page of the story. Cobb County stands ready to reap economic rewards from its proximity to the 1996 Atlanta Olympics through revenues from Olympics related events including training facilities and festivals. Dr. Sid Williams, President and founder of Life College in Cobb County, hopes to take the wind out of activists sails by calling on the International Olympic Committee (IOC) and the United States Olympic Committee (USOC) to publicly sanction Olympic and pre-Olympic events in Cobb County. The Olympics Out of Cobb Coalition is monitoring the situation to ensure that anti-gay Cobb County is not directly rewarded by the Olympic presence. Cobb County endorsements of any kind will be viewed as a breach of ACOG's promise to keep the Olympics out of Cobb County.

ACTION: ACOG, IOC and USOC must hear from activists that the eyes of the nation are still upon them. Contact Shirley Franklin, Dick Yarbrough and Bill Payne at ACOG, 250 Williams Street, Suite 6000, Atlanta, GA 30301 or call (404) 224-1996. Also call Dr. Leroy Walker, USOC President, at (919) 361-2788 and Richard Pound of IOC at (514) 397-3037. Let them know that the world is watching.

Phelps' Follies

Holding their "God's Hate is Great" sign high above their heads, minister Fred Phelps and members of his Westboro Baptist Church (WBC) of Topeka, Kansas were spotted recently picketing NGLTF's Creating Change Conference. In addition to the activist conference, WBC members heckled Sunday services at Mel White's MCC Cathedral of Hope in Dallas. According to Phelps, WBC picketed 1,560 gay and lesbian churches, conventions, parades, and

funerals in 1994 including Stonewall 25, the recent funeral of AIDS activist Pedro Zamora in Miami and a Kansas speech by poet Maya Angelou. Phelps garnered national attention when he began his campaign of picketing funerals of AIDS victims and harassing their mourning family members.

Maya Angelou's confrontation with Fred Phelps led her to cancel her speech at Emporia State University. In response, an outraged coalition of over 70 organizations formed to create an organized opposition to Phelps' virulent gay-bashing. The Network for Unity and Tolerance (NUT) is a multicultural group committed to "reaffirming the traditional American values of mutual respect, tolerance and integrity."

The "Reverend Church Lady" of Topeka now distributes a weekly parody and update of WBC activities call *Church Chat*. The Church Lady faxes WBC each week in response to WBC's regular homophobic and vile faxes.

ACTION: To find out more about how you can support the efforts of NUT, write to 8336 Sagamore Road, Leawood, Kansas, 66206 or email: Junemoon@files.com. To download a new unauthorized biography of Fred Phelps on America Online, go to glcf->community_organizations-file_library-.NGLTF_publications.

Distress in Des Moines

School board members in Des Moines, Iowa are finding their pro-tolerance, multi-cultural curriculum proposal under fire thanks to the efforts of imported anti-gay activist, Bill Horn. Four of seven school board members voiced their support for the proposed district education plan which would include teaching about the contributions of famous gay, lesbian and bisexual people and discussion of homophobic thinking and behavior. The plan met with opposition when board members gave the district superintendent the go ahead to begin implementing curriculum changes. Des Moines would become the first school district in Iowa with specific curriculum requirements to ensure that its schools are safe places for all its students including gay, lesbian, and bisexual youth.

Controversy erupted when Bill Horn, spokesman for The Report, a national Christian organization that publishes the anti-gay *Lambda Report*, moved to Des Moines to begin a campaign aimed at dismantling the long standing school district proposal. Horn, whose children do not attend the Des Moines Public School District, succeeded in gathering 3,000 protesters at a recent Des Moines anti-gay rally and called on those present to flood the school board with phone calls demanding rejection of the tolerance proposal.

School board members continue to stand in strong support of the policy but need support particularly from activist in Iowa and in other school districts with pro-tolerance policies. The Gay and Lesbian Resource Center (GLRC) of Des Moines has pitched in their organizing strength to fight Horn and his supporters. In addition to letters of support and encouragement to the Des Moines School Board, GLRC has suggested that activists from across the country write letters to the editor of *Des Moines Register* in support of the board's position on the side of tolerance.

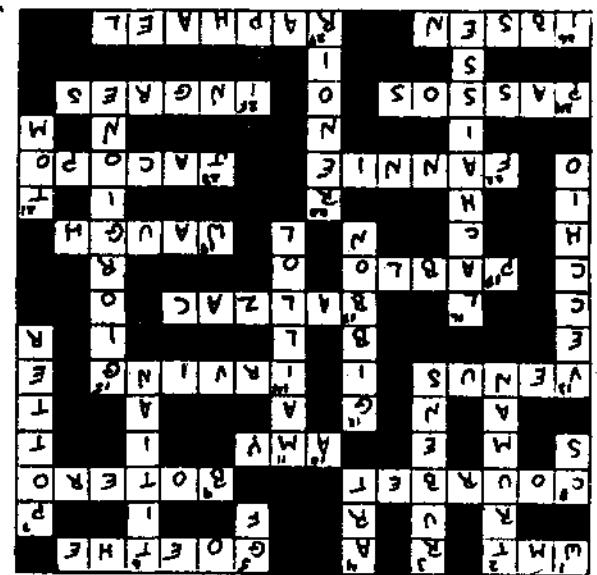
ACTION: Send letters of support to Jacquie Easley, President, Des Moines School District, 1800 Grand Ave., Des Moines, IA, 50309. Send letters to the editor to *The Des Moines Register*, PO Box 957, Des Moines, IA, 50309 or fax to (515) 286-2511. For more information write GLRC: PO box 7008, Des Moines, IA, 50309.

Answers to puzzles

Elvira.
Ollie, Bunny, Wayne, Waldorf and
See ya'll next time!
Domie-boy's not the only Pantagrapher on the
Pantagraph, although believe you me, old
(If you don't know, he's the publisher of the
Donald R. Skaggs
And the name of our agent is...
SL-II
BLGCMGNTS-N-BLOOMINGTON
GN-IN
AGENT-AGENT
KKR-OUR
SF--OF
RDRNTSTY--IDENTTY
THD--THE
RLVLDL--REVAL
TA--TO
MNSSNGA--MESSAGE
THOS--THIS
DNSCRDMLBLO--UNSCRAMBLE

Well, how'd you do? If you got the answer
right, please call 1-800-555-3882 and ask to
speak with the bicycle department, but don't
tell anyone your real name until you are asked
by "Joline".
If you didn't, don't feel bad--it just means that
your tax dollars are hard at work.

ANSWER TO OLLIE'S FUN PAGE





Question Authority: Choosing Not to Vaccinate

Being the enlightened readers you all are, I'm sure you follow the adage, "Question Authority." However, how many of you with children have vaccinated your children without a thought because doctors and the health care community have told you to if you want your children to be safe from illness? Why would you automatically trust them?

Ponder the multi-billion dollar health care/pharmaceutical industry - and medical schools. Pharmaceutical companies contribute enormous sums of money to them each year where, of course, doctors are instructed in the "necessary" uses of their products. Of course doctors push vaccinations on parents! They have been force-fed throughout their training on the "correct" way to practice medicine, and it also assures that the parents will regularly be bringing their children in for these shots, which give the doctors repeat business.

Not all doctors believe in vaccinations, and some in recent years have become outspoken against this and other standard medical procedures. On of the most respected and outspoken of these, the late Dr. Robert Mendelsohn, believed that if you want to keep your children healthy, keep them away from doctors! His reputation was excellent, and his books should be read by all who want to be involved in their health care decisions.

Choosing to not vaccinate in this community can be a difficult decision to live with. I know of only one pediatrician that will support your decision. Others threaten and intimidate. One recently threatened to turn my friend in to DCFS if she didn't have her three year old vaccinated immediately. After consulting with her attorneys, she sent a letter to the "good doctor" which stopped the action. When did doctors that we hire to work for us become the health care police, able to tell us what we can and cannot do with our families health care?

Who gave them this "authority"? No one. They do not have this right, yet we constantly submit ourselves to them, "trusting" them, when the AMA has been shown time and time again to be a corrupt, self-serving institution. Obviously, we are the fools for blindly trusting what they tell us simply because they are doctors.

But I digress. Vaccinations (I do not use the term "immunizations", which imply a life-long immunity they frequently do not provide) are not safe. They are all too frequently much more dangerous than the illness they are supposed to protect us from. They are not necessarily the cause of the elimination of diseases you so frequently hear about. "If it wasn't for the polio vaccine, so many more would have died or been permanently crippled" you frequently hear. This, in fact, is not true! Statistics can be made to lie, and frequently they are made to support the claims of doctors and pharmaceutical companies. In the case of polio, it was already on the decline when the vaccination was introduced, and polio greatly increased after the introduction, mostly as a result of the vaccination itself. There are many examples in studying the history of vaccinations where it appears that the vaccination is more dangerous than the actual illness. Also, the diphtheria vaccination is a ridiculous one in our country, yet all children receive this regularly.

Have you ever worked with children who have been permanently physically disabled (including seizure conditions and deafness) or mentally retarded due to vaccinations? I have worked with many. Many more children die as a result of vaccinations. Most of these cases you never hear of in the news, but please be assured that this happens much more frequently than you imagine. These are children that were otherwise normal and healthy. It is theorized that childhood autism may even be caused by

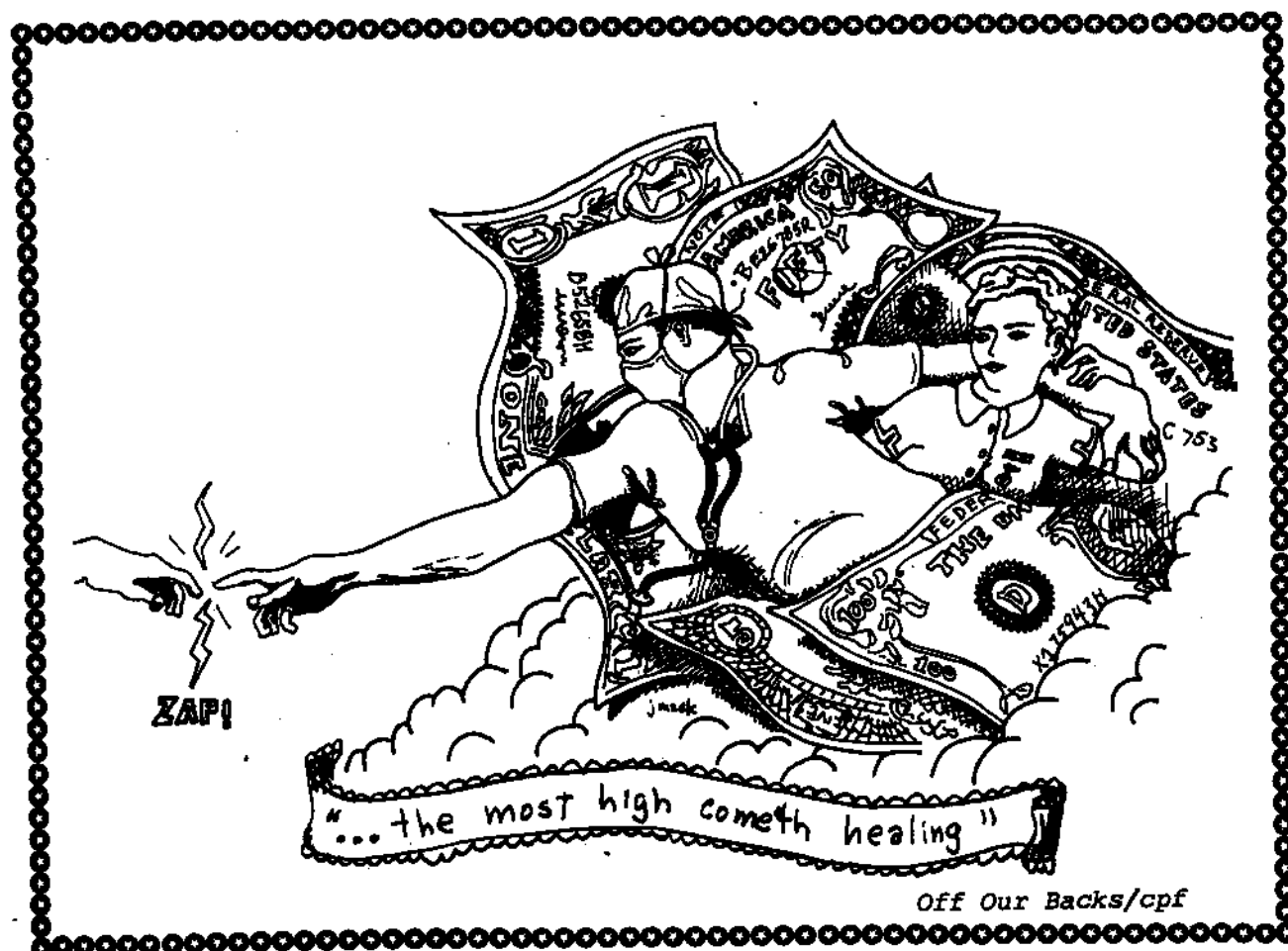
vaccinations, with strong evidence supporting this theory. There are many who believe AIDS started because of a faulty lot of vaccinations.

Vaccinations frequently do not confer lifelong immunity, but most adults don't get vaccinations, and aren't tested for their immunities, so they are at great risk of catching these childhood illnesses at a much greater cost. Vaccinations cultured in animal tissues, are preserved in dangerous chemicals (such as formaldehyde) and injected into the bloodstream where it settles in major organs. When a person catches an illness in a natural way, it more gently goes through the system, and conveys a lifelong immunity to the illness.

Vaccinations seem to weaken peoples natural immune systems, often with devastating results. In my family alone, my father has alopecia areata universal (no hair on his body because his body attacks healthy hair follicles, thinking they are the enemy) and allergies; my brother has asthma and horrible allergies; and my sister has rheumatoid arthritis. All these have been shown to be connected to vaccinations (though they can occur on their own), and even though no one has said these conditions in my family were caused by vaccinations, they were enough for my pediatrician in Chicago to especially approve our decision not to vaccinate as it appears there is an immunological weakness in my family (he doesn't believe in vaccinations anyway, except for tetanus.)

I do not support eliminating vaccinations for everyone. In order for people to not need standard vaccinations, certain conditions need to be present. Mothers need to do extended nursing of their babies (the surgeon general and the World Health Organization recommend at least two years). This gives children a strong healthy start with natural immunities passed from mother to the baby. Formula is an inferior product and does nothing to assume the long term health of your children. Secondly, children must have a healthy diet. By this, I mean natural, whole grain foods (organic when possible), and very limited unhealthy/junk foods. Remember, we eat to keep our bodies healthy not just to satisfy our taste buds with empty calories. What is eaten is for more important than the amount of calories one takes into the body.

By my experience with my family's health and my friends' families, by far the most healthy children I know are those who are nursed for at least two years, aren't immunized and eat mostly a healthy, natural foods diet. These children rarely get ill, and when they do they rarely need to see a doctor; they have minimal ear infections or strep throat; and aren't given antibiotics, which weaken the system (antibiotics are life saving, but are prescribed much too freely with devastating consequences on children's health, which I will write about another time). My children, ages 4 and 2, have never had an earache or tonsillitis and have never received antibiotics. They are able to heal themselves well when they infrequently





get colds and flu. They have never seen a doctor due to illness. Some say I'm lucky. It isn't luck. I have worked hard on educating myself and applying these techniques to create a foundation for health for my children, starting with healthy pregnancies and natural homebirths. This does not mean I won't take my children to a doctor, but I will only do so when they truly need help I can't provide. Dr. Mendelsohn's book, *How to Raise a Healthy Child in Spite of Your Doctor*, is a good reference for self-diagnosis. I do intend on vaccinating my children against tetanus this spring. This is something you cannot develop natural immunities to, and if you get it, you will probably die. Now that they are becoming more independent in the world, this is something I feel they need.

Things to do when considering this topic for your family is to read all available information. *Mothering Magazine* has excellent articles, pros and cons, on this topic. Numerous books are written on this as well. If you are going to vaccinate, you also have the right to pick which ones you want and which ones you think are too dangerous or unnecessary for your child. For example, out of the DPT vaccination, you may choose to eliminate diphtheria (as ridiculous in our country), pertussis (one of the most dangerous vaccinations) but keep tetanus. However, what tiny baby needs a tetanus shot? You do not need to give these shots from 4 weeks on, but may wait to start until your baby's immature system is older and stronger, thus better able to handle toxins in the body.

Legally, you can get your child into any Illinois school without vaccinations if you state they are against your religious beliefs, which is any personal belief you follow in your daily life. I have pre-written forms outlining the law you can sign and turn in to school officials. Remember, though, that currently no one can force "health care" upon you that you don't want and are against. Unfortunately, with some of the current trends, the federal government is trying to make vaccinations mandatory for all. This violates our fundamental rights protected by the Constitution (which we all know isn't worth the paper it's written on today - this is not a free society).

Educate yourself. Exercise your right to choose. For more information on this topic and further resources, feel free to contact me at 827-5843.

Marcee Murray

Holistic Life Styles: Non-Chemical Choices for Life and Health

The "New Age" has brought us availability of more holistic living choices than ever before. However, much of the "mainstream" culture has yet to acknowledge, much less embrace, these choices. This often makes it difficult to get good information on the services available. This is a short piece on some of what is available and how to access it.

First off, much of the population is unaware that some insurance will cover some alternative therapy. In order to accomplish this, though, the patient/client needs to frequently put forth some additional effort. Health Maintenance Organizations (HMO's) frequently do not cover alternative therapies because none of their participating physicians practice them. Now the networking starts. If you have a regular holistic practitioner, encourage them to see if they can become a part of the HMO. Ask friends if their HMO's have holistic practitioners. As for standard insurance coverage, keep in mind that coverage only extends to treatments for illness or disorders diagnosed by state licensed health care professionals. If a medical doctor prescribes body work, reflexology or massage, it may receive coverage. Another alternative is insurance carriers who specialize in plans that

cover holistic health treatments. (Two sources: American Western Life: (415) 573-8031 and Alternative Health Insurance Services: (805) 494-7118.) One thing to remember: if people don't ask for alternative therapies to be available on the HMO or insurance, they won't be.

Books on alternative therapy have been rather difficult to access locally. Two excellent resources are Common Ground and Barnes and Noble. In regards to Barnes and Noble, make sure you think like a reference librarian in terms of locating materials. Sections which may contain books on these topics include: Women's studies; New Age; cookbooks; self-help; health (get the picture?) Don't forget to check the magazine section as well. *New Age* magazine covers these topics as do *Body, Mind and Spirit*; *Yoga Journal*; *Gnosis*; *Sage Woman*; *Body Work* and many others. Many of these won't be found at B Dalton's or Waldenbooks. Take the extra time to go to Barnes and Noble. Out of town resources include Insight at 505 S. First in Champaign (217) 352-LOVE; Transitions at 1015 W. Armitage in Chicago (312) 348-7777; Sundance at 1420 E. Sangamon in Springfield (217) 788-5243;

(217) 788-5243; Healing Earth Resources at 2568 N. Lincoln in Chicago (312) EARTHLY. Metaphysical shops often have bulletin boards listing holistic practitioners. This is an excellent resource for finding out what is available in your area.

In addition to yourself and your family, please also think of your animal companions in regard to holistic alternatives. Two excellent publications (for cats: *Tiger Tribe*, 1407 E. College St., Iowa City, Iowa 52245 or for dogs: *Wolf Clan*, 1-800-890 WOLF) provide super articles on holistic life styles and care for our pawed friends. Bach flower remedies, homeopathy, and the like work for animals as well as people.

The idea to keep in mind is that you do have a choice. Know what is available; know what it can do for you; know where to find it; and make the choice that is best for you.

Winter Wren is a local Intuitive Arts Practitioner. She may be reached at (309) 888-4689 for further information.

SURGEON GENERAL'S WARNING:

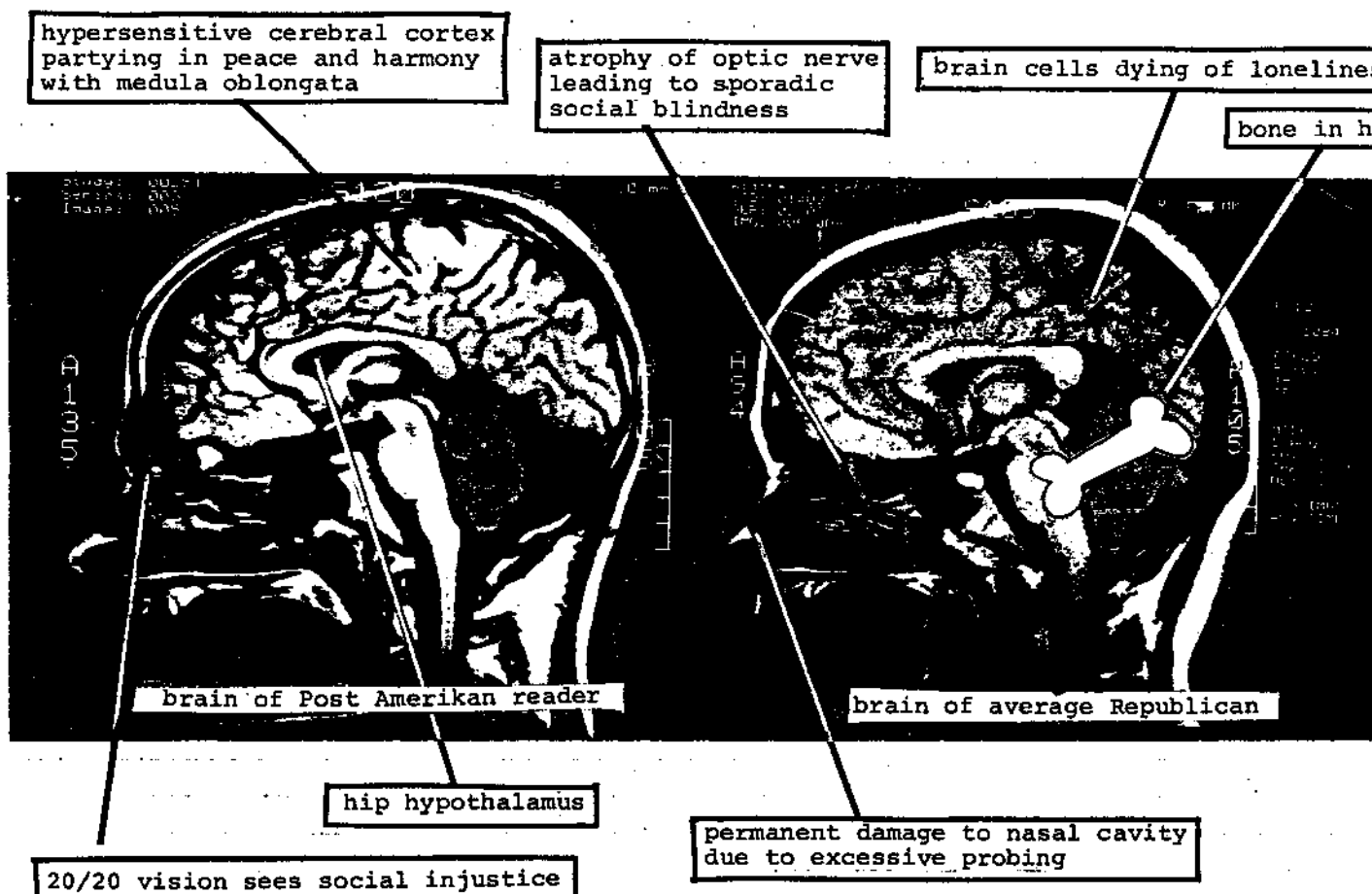
READING THE *POST AMERIKAN* CAUSES:

- * heightened awareness
- * dissatisfaction with status quo
- * allergic reaction to pigs
- * increased appreciation of obscure humor

Yes, I want to enhance my motor skills and frontal lobe chemical/electrical impulses by 40%. I'm enclosing \$5.00 for a subscription (6 issues) to the *Post Amerikan*, P.O. Box 3452, Bloomington, IL 61702.

I understand individual results may vary.

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News From Voice

TWO MORE MURDERED BY ALLEGED PRO-LIFER

On the morning of December 30, 1994, a man walked into the Planned Parenthood in Brookline, Mass, asked the receptionist if he was in Planned Parenthood. The receptionist told him that he was in Planned Parenthood. The man then took a rifle out of a duffel bag and began shooting. Shannon Elizabeth Lowney was killed in the attack. Three other people were shot before the man fled up the street to another clinic and opened fire again. This time he killed receptionist Leanne Nichols and injured a guard and office worker at the Preterm Health Services clinic. Nichols was shot five times in the attack.

On December 31, 1994, a gunman opened fire on the Hillcrest Clinic in Norfolk, Virginia. This time police apprehended the man, a Scripture quoting student hairdresser with ties to the Catholic Church, a history of participating in clinic blockades and ties to several radical anti-choice groups.

John C. Salvi III, is faces numerous charges in Mass. and Virginia, including murder charges and federal charges. Salvi is not fighting his extradition to Mass. He has pleaded not guilty and issued a statement saying that if convicted he wishes to receive the death penalty, if found not guilty he wishes to become a priest.

Despite their attempts to distance themselves from supporters like Salvi, the anti-choice movement is accountable and responsible for the violence. The anti-choice movement would like for us to believe that they do not support violence against pro-choicers yet they insist on referring to us as "murderers" "baby killers" and a number of other names. In addition they refer to themselves as soldiers, they refer to the abortion debate as a war and have issued wanted posters for physicians who perform abortions. Such tactics invite violence, if the anti-choice movement truly cannot understand that they are idiots. We rather believe that they are fully aware of the impact of their rhetoric. For the past several years they have willingly admitted that their strategy is to

frighten doctors and healthcare providers so much that they will stop performing abortions. What better way to attain this goal than to incite your supporters to the point of murder?

The pro-choice movement needs to clearly demonstrate that we will not be intimidated and forced into silence. We will not be threatened, abused and murdered in an attempt to commit women to subservient positions within our culture. Each woman must have the right, deserves the right to control her own body, we will not turn back.

Sources: Pantagraph, NPR, New York Times

CLINIC VIOLENCE CHRONICLE MARCH, 1993 - DEC. 31, 1994

March 10, 1993 Dr. David Gunn fatally shot. Michael Griffin (Rescue America) convicted - serving life sentence.

March 20, 1993 Planned Parenthood of Northwest/Northeast Indiana, Merrillville, IN. Locks to clinic glued in blockade activities by Collegians Activated to Liberate Life (CALL).

March 29, 1993 The Blue Mountain Women's Clinic in Missoula, MT destroyed in arson attack.

Rhode Island, Vt., Dr.'s home sabotaged when nails are embedded in his driveway. Further as an eerie message, a bill for a life insurance policy sent to his wife.

Seventeen US Senators send letter to FBI director Williams Sessions urging an investigation into what they characterized as a "pattern of harassment" at abortion clinics nationwide.

May 9, 1993 Women's Pavilion in South Bend, IN butyric acid attack.

August 19, 1993 Wichita, KA, Dr. George Tiller shot. Dr. Tiller was shot in both arms was not seriously wounded. Rachelle "Shelly" Shannon (Oregon Advocates for Life) received an eleven year prison sentence.

August 21, 1993 Dr. George Wayne Patterson shot to death in Mobile, AL. Dr. Patterson owned and worked at the Family Planning Clinic in Fort Walton Beach, FL, and the Pensacola clinic where Dr. Gunn was killed. Police have no suspect and have not definitively linked the shooting to anti-choice violence.

September 21, 1993 Family Planning Associates in Bakersfield, CA destroyed in arson attack.

September 24, 1993 Planned Parenthood of Wisconsin's Grand Chute clinic vandalized and saturated with butyric acid.

September 28, 1993 National Health Care Services Clinic, Peoria, IL firebombed.

September 29, 1993 Planned Parenthood of Lancaster County, PA family planning clinic firebombed.

October 3, 1993 Houston, TX West Loop clinic damaged in arson attack.

October 24, 1993 Mayfair Women's Clinic, Aurora, CO butyric acid attack.

May 27-29, 1994 US Taxpayers Party Wisconsin State Convention organizes militia and calls for death to abortion providers.

June 6, 1994

Six anti-choice activists, who blocked the entrance to a Milwaukee clinic by chaining themselves to two cars and each other with bars, pipes and a fifty-five gallon container of concrete, become the first charged under the Freedom of Access to Clinic Entrances Act.

July 29, 1994

Murders in Pensacola, Florida., Dead: Dr. John Britton & James Barrett, Janet Barrett wounded. Paul Hill convicted, Dec. 6, sentenced to death in the electric chair.

July 30, 1994

Commonwealth Women's Clinic in Falls Church, VA firebombed.

August 9, 1994 Planned Parenthood of Northern New England's St. Alban, Vt. fire bomb found.

August 10, 1994 Planned Parenthood Minnesota-Brainerd Clinic firebombed.

End of August Bomb threat to PPFPA Northern Regional Office, Chicago.

Nine abortion providers in states ranging from Arizona, Indiana and Ohio receive letters threatening their lives in the month following the Pensacola shootings. The sender remains unknown.

October 9, 1994 Planned Parenthood Shasta-Diablo's Chico Clinic destroyed in arson attack. 90 minutes after Chico

November 7, 1993 Family Planning Associates, Ventura, CA arson attack.

November 11, 1993 Hillcrest Women's Medical Center, York, PA, arson attack.

April 14, 1994 Planned Parenthood of Syracuse, NY butyric acid attack.

October 11, 1994 Kalispell, Montana clinic of Dr. James Armstrong partially destroyed in arson fire.

November 3, 1994 Pipe bomb exploded in driveway between the headquarters of Planned Parenthood of Marin, Sonoma & Mendocino Counties (San Rafael, CA) and a building housing an architectural firm. Authorities expect the attack was directed at Planned Parenthood. Over the years there has been constant picketing at the site, which also houses the affiliate's main clinic where abortions are provided.



For Choice



November 8, 1994 Dr. Garson Romalis shot in his home in Vancouver, British Columbia. The physician, who performs abortions was fired at (at least 3 times) and hit in the leg with an AK-47 rifle. Dr. Romalis remains in serious to critical condition.

December 10, 1994 Planned Parenthood of Minnesota's Rapid City, SD clinic firebombed.

December 14, 1994 Attempted arson at Planned Parenthood of Greater Kansas City fails when two five-gallon plastic water jugs filled with flammable material do not ignite.

December 30, 1994 Murders in Brookline, MA. Dead are Shannon Lowney and Leanne Nichols - five other clinic staff and volunteers are wounded.

Planned Parenthood League of Massachusetts' Brookline clinic was the first to be assaulted. Ms. Lowney, 25, a receptionist was executed, and three others, a medical assistant and two clinic escorts were wounded.

Ten minutes later, at the Preterm Health Services clinic,

December 31, 1994 Hillcrest Clinic, Norfolk VA sprayed with at least twenty three bullets from a semi-automatic weapon. John Salvi, III is arrested and charged in both this shooting and the murders in Brookline.

Need anymore reasons to get involved in the struggle for reproductive rights? People are dying to protect your rights - now it's time for you to join the fight.

Source: Planned Parenthood

During the investigation into the shooting of Dr. George Tiller by Rachelle Shelly Shannon, a 125 page manual on how to shut down abortion clinics was discovered buried in her backyard. Entitled "The Army of God," the book talks about how to obtain and use butyric acid to make a clinic uninhabitable, and how to make and use bombs. It says, in part, "The editors of this manual hope and pray that the information contained herein will be useful to those who are committed to pro-life activism, and may perhaps provide the catalyst to inspire others to such a commitment." It concludes, "Those who proceed with intelligence, caution and diligence can expect to produce an explosive that will make baby killers tremble in their boots." Shannon is serving a 10 year sentence for shooting Dr. Tiller. Joshua Graff, serving a three year sentence for arson at a Houston clinic, also had a copy of the manual.

Despite this evidence, and the admission by Shannon to involvement in numerous attacks on abortion clinics, some officials believe there is not enough evidence of a national conspiracy to destroy abortion clinics, murder doctors and other clinic personnel and to terrorize their families and clients.

Source: Planned Parenthood

STATEMENTS BY ANTI-CHOICE ACTIVISTS

"We have been unsuccessful in getting the Human Life Amendment passed or in getting Roe overturned... When you get doctors out, you can have all the laws on the books you want and it doesn't mean a thing... We get people in the hospital who know the doctor's schedule and can get a printout, which gives you a lot of stuff: the name, address and phone number of the woman, the gestational age of the fetus, how many abortions the doctor performs a week. That's how we found out about Gunn."

From an interview with Joseph Scheidler, found of the Pro-Life Action Network based in Chicago.

"Where is the big news in this event? Dozens of humans are murdered each week at the Florida clinic. ACT can only wonder why the brave members of the media do not cover their tortuous deaths."

Statement of Associated Conservatives of Texas on the murders of Dr. John Britton and James Barrett and the injuring of Barret's wife, June.

"I'm in shock right now. Paul Hill is such a godly and noble Christian, and he has such a beautiful family. But I trust him. If he did it, I know he did the right thing."

Rachelle Shelley Shannon commenting on murders of John Britton and James Barrett. Shannon was convicted of shooting Dr. George Tiller in Wichita, Kansas and has been indicted for acid attacks and arson of numerous clinics.

"All murder is tragic, but the murder of the unborn child is even more tragic."

Troy Newman of San Diego Operation Rescue commenting on the murders in Pensacola, Florida.

It's not a sin to exterminate somebody who is going into a building to exterminate other people.

Roy McMillan reacting to murders in Pensacola. McMillan signed the petition supporting the murder of Dr. Gunn. He has been arrested at least 59 times for anti-choice activities. He told the New York Times that while he doesn't believe he personally could pull the trigger, he does not have a problem with murdering doctors who perform abortions.

If you kill by the sword then you must be killed by the sword."

David Ware, a friend of Paul Hill, who was arrested with an arsenal after returning from Pensacola during the trial of Michael Griffin.

"I refuse to condemn that what he [Michael Griffin] did..."

Matthew Trewhella, head of Missionaries to the Preborn, defending his signing the petition supporting Griffin's murder of Dr. Gunn. Trewhella is involved in the U.S. Taxpayers Party which advocates the murder of abortion providers.

There's no question that what I did is a relatively new concept. Someday, it will be commonplace and generally accepted as normal...I definitely feel good about what I have done and what I am doing. I think I have acted nobly."

Paul Hill being interviewed on Good Morning America" after being sentenced to death for the murders of Dr. Hohn

At a recent anti-choice rally in Bloomington, local anti-choice leaders were speaking out of both sides of their mouths. Saying that they denounced the recent violence against pro-choice people, Tom Shigalis, president of the county chapter of The Right To Life Committee said: "We would like to go on record as denouncing any violence directed at anyone. We would like our friends in the pro-choice camp to join us in denouncing the violence that goes on inside the abortion clinics as well." To us these words continue to promote violence against pro-choice individuals by referring to abortion as violence, thereby feeding into the argument that killing a pro-choice person is justifiable homicide. The Rev. Edward Kopec, assistant pastor of Epiphany Catholic Church

Continued



in Normal said "Though this is the 22nd anniversary of the Supreme Court's mistake of legalizing this crime, the tide of society is definitely turning against this insanity." The Reverend's words sound a bit like Father Habiger, the subtle message is, this is a crime so killing people who support abortion is not really wrong.

Voice for Choice continues our call for the anti-choice movement in this community to cease its use of the language of violence and hatred against pro-choice people. Name calling and inciting violence is no way to settle ideological and religious differences.

Source: Pantagraph with editorial comments by Voice for Choice

ABORTION ASSISTANCE FUND NEEDS YOUR HELP

Since the creation of the fund last January we have helped numerous women from this community with the cost of an abortion. Their situations were varied, some were survivors of sexual assault, some were women already struggling to support children, some were homeless and unable to adequately care for themselves let alone a child. The only thing all of the women had in common was their need for financial assistance in obtaining an abortion.

We need your help. Please send your contribution to: Voice for Choice AAF, P.O. Box 905, Bloomington, IL 61702-0905. We sincerely appreciate your concern and help.

As you know, Voice for Choice and the Rape Crisis Center have an abortion assistance fund. The fund helps women who cannot afford the full cost of an abortion. Most of our referrals come from Planned Parenthood. Most of the women we help have raised some of the needed funds on their own but still need help. Last month the cost of a first trimester abortion at the Women's Health Practice increased significantly for low-income women. The result is that the demand for our assistance will grow.

Not too long ago hundreds of people from this community gathered to commemorate and celebrate the life and work of Dr. Martin Luther King Jr. Voice for Choice was proud to participate in that celebration.

There are many similarities between the civil rights movement of the 60's and the civil rights movement for reproductive rights. Now as then our enemies are those who seek to oppress us. Now as then those who oppose us rely on the politics of hatred, bigotry and fear. Hoping to divide us they seek to control us.

Now as then we are learning that the battle for civil rights is never ending.

The anti-choice movement has adopted the tactics of the Ku Klux Klan and Neo-Nazi skinheads. Through intimidation, harassment and murder they seek to frighten us into surrendering our civil rights. Unfortunately their tactics have had an impact. Abortion services are becoming more difficult to access as fewer doctors choose to perform abortions. We in the pro-choice movement bear some of the responsibility for the effectiveness of the anti-choice movement's tactics.

While the pro-choice movement has adopted the tactics of Dr. King, peaceful demonstration, use of the legislative process and dialogue, we have failed to understand what Dr. King knew so well, that the struggle for human right is on going, that it requires our hearts, our minds, our Warriors.

We are a movement that tends to become complacent whenever we have won a battle. We forget that the war continues. After the election of a pro-choice president donations to pro-choice organizations in this country decreased. Participation at events dropped. We are good at talking the talk, we have not completely learned what it is to walk the walk. That is the lesson we must learn from Dr. King and the hundreds of thousands who walked with him.

"Your silence will not protect you" is a battle cry often used in the gay and lesbian rights movement, it also applies to the battle for reproductive rights. If we are to walk the walk we must begin by actively participating in the pro-choice movement, we must make our voices heard, we must act on our words, if we do not walk, the talk is meaningless.

We must educate ourselves on the connection between our movement and other human rights movements. We must recognize that the oppression of one threatens us all. We must not lose sight of the fact that ignorance and fear lies behind oppression. In fact the membership profile of the anti-choice movement closely resembles the membership profile of the Ku Klux Klan. We are talking about movements predominantly made up of white males, often underemployed or unemployed, they embrace the idea that the gains made by women and people of color are responsible for their inability to live the American dream. They do not understand the interconnectedness, the web of life that we are all part of. If the pro-choice movement ignores the struggle of others against bigotry we open the door to our own oppression by granting the anti-choice movement and groups like the Klan power and legitimacy. Your silence will not protect you.

Voice for Choice, Planned Parenthood and many other groups in this community need your help. Financial support is always appreciated but it is not enough. If we are to send a message to our elected officials we must be able to show them the size and strength of the pro-choice community, we can only do this through active participation.

Writing letters to the editor is another way to walk the walk. It is another way to show our strength. It takes some time and as some of our members have learned, it may involve some risks. We have had members receive harassing phone calls after they have had a letter in the paper. More often the response is positive, and in fact it sometimes offers others the courage to take pen to paper and express their support of choice.

Become an educated voter. Know where candidates stand on the issue of choice. Politicians often try to paint pro-choice individuals as single issue voters. Such attacks seek to minimize the importance and magnitude of choice of the individuals life. We must say to those who accuse us of being one-issue voters, "you're damn right. When the issue boils down to a woman's right to control her own body, when the issue boils down to my right to control my body, my most fundamental, my most basic freedom, by God I will be a one issue voter. My silence will not protect me.

What we in the pro-choice movement too often lack is the spirit with which Dr. King fought. It is tiring, it is aggravating, it is so very difficult tonight the good fight, to stand up for you convictions while your retractors attempt to frighten and harass you.

It is hard to remain peaceful when our oppressors choose violence and murder as a legitimate means of settling ideological differences but we must remain peaceful for we are on the moral highground. We must never forget that it is the pro-choice movement that is working for better healthcare for women and children, fighting for reproductive rights and in doing so for economic justice. We have the moral highground and we must not give it up or turn it over to the anti-choice movement.

We can learn from our predecessors in the civil rights movement. Participating in demonstrations, volunteering, becoming educated on issues and candidates, writing letters to the editor, participating in boycotts of businesses that support the anti-choice movement, businesses like Domino's Pizza, it's all part of walking the walk.

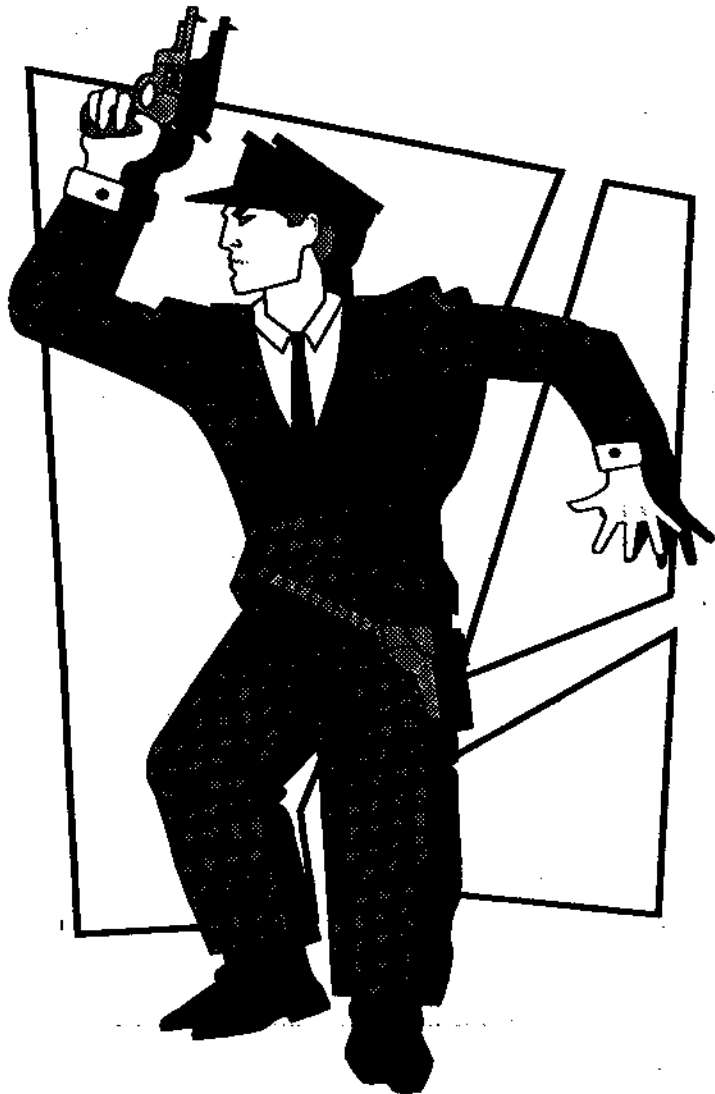
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Ollie's Fun Page



This type of puzzle/code was invented in the former USSR, one of the many pieces of espionage technology which we received "across the border" not too long ago.

Seems practically incomprehensible, doesn't it? I tell you, those fellows from Cryptology-- they're a devious bunch! It's really not so bad-- but you have to realize that all the vowels from the original sentence have been replaced by the letters from the name of that agent I was telling you about, from Bloomington. Plus, we used each letter from this person's name twice; they are in their correct order, but each letter is doubled.

Answers elsewhere in this issue...

DNSCRDMBLO THOS

MNSSNGA TARLVDL

THD RDRNTSTY

BLGGMGNGTSN SL.

SF KKR AGANT GN

Hello there, from sunny Caribbean, where wife Bunny and I have been visiting since last Tuesday! The weather is fine, and although it may appear as though we're on vacation, the truth is Bunny and the kids and I have been busy as ever, giving a series of seminars on code language to "the natives"(really they're anti-communist guerrillas based in Central America, but that's another story). And, I got to chat with one of our best agents, and a real good pal of mine, from your home town of Bloomington, whose name will be revealed to you, if you pay close attention.

Well, anyway, Bunny, the kids, and I thought you might like to try your wits against one of the ciphers(that's spy talk for "code")that my many minions have conjured up recently. Since we have to be wary of the enemy at all times, our codes are pretty complex, so you'll have to read the instructions very closely if you want to "crack the code"(more spy talk).

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Tarot Reading to benefit Post Amerikan

*Sunday, March 5th at 7:30pm
at the Bistro (316 N. Main St. Bloomington)*

**Winter Wren will be giving
mini consultations by tarot.**

Minimum suggested donation \$5.00.
Proceeds to benefit the Post Amerikan

Raffle

Private reading by Winter Wren - value \$25.00
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